

mastra



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**Dr Aravind Patel** Chairman



Dr Chandrshekhar S Honorary Secretary



SURA

Dr Chandrashekar N Honorary Treasurer



**Chastra** September 2021 Issue 3/21



### Executive Committee 2021



Dr Dinesh H N E C Member



Dr Sarvesh Raje Urs AS E C Member



Dr Vijaykumar H E C Member



Dr B N Patil Chairman Elect



Dr Naaz Jahan Shaik E C Member



<u>Dr Kalaiv</u>ani V E C Member



Dr Y Guru basavana Gouda E C Member



Dr Rajashekar C Jaka E C Member



Dr Amaresh V Biradar E C Member



Dr Vijay V Kamat E C Member









Dr S S Soppimath Imm Past Chairman



Dr Diwakar Gaddi Imm Past Honarary Secretary



Dr Shivaram H V National EC Member



Dr G Siddesh Vice President ASI



Dr Ashok S Godhi National EC Member



Dr Ramakrishna H K Co-Opt EC Member



Dr Rajgopal Shenoy National EC Member



Dr K Lakshman Co-Opt EC Member







## Editor's desk... Dr Kalaivani V

Dear Esteemed Members of KSC,

The Surgeons of Karnataka have proved their academic excellence quietly at several occasions, nationally and internationally. SHASTRA, the state newsletter is the platform to showcase our academic and scientific work. My sincere request to all the surgeons and postgraduate students to make the fullest use of this platform by contributing scientific material on research, recent advances in surgery, newer guidelines and individual academic and nonacademic achievements. Let us all strive together to take SHASTRA and KSCASI to newer heights.

Dr Kalaivani V Chief Editor

#### Dear Colleagues,

I request you to send your contributions under the following. We also welcome contributions from our postgraduate students too.

#### Academic Article

Plsease send Original articles, Guidelines, Humour, stories, Trivia, Quiz questions and interesting Case report or Case series with Review of literature for academic purposes.

#### **Opportunities/Classifieds**

Relevant Jobs, Advertisements and Upcoming Events can be included at a nominal fee as per the discretion of the Editorial team.

#### Non Academic

Inviting articles - That may be appropriate and interesting to the members. Examples: Life beyond surgery, My daily routine, How I manage Stress, Interesting place I traveled, Books I recommend, Personal achievements, etc.

#### Feedback/ Suggestions

Any other suggestions for improvements, feedback, Letters to the Editor, any other Inputs are welcome.

Please mark your contributions to: emagazineshastra@gmail.com Please also send your Name and Contact Number

Regards,

Dr Kalaivani V

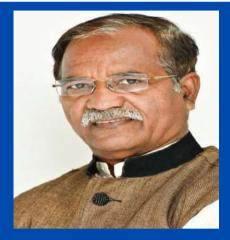


Shastra

# September 2021 Issue 3/21



### Chairman KSCASI 2021 Dr Aravind Patel



Greetings to all members of KSCASI. My Pranamas to all my seniors and need their guidance for the coming year.

At the outset I thank all the members of this esteemed organization for electing me as Chairman elect during KSCASICON 2020 Bengaluru. I congratulate the Organizing team led by Dr. Uday Muddebihal and Dr. Aravind Gubbi for their effort in wonderfully conducting the KSCASICON 2020. The KSCASI appreciates Surgical Society of Bangalore for starting the KSCASICON 2020 research grant. I urge all members of KSCASI to utilize this grant. I thank our past chairman Dr. S S Soppimath for travelling all the way from Hubli to Ballari to hand over the charge physically.

Last one year has been - as we are well aware - turbulent due to COVID -19 pandemic .It is painful that we lost some of our colleagues during this period. My heartfelt condolences to the bereaved families. At this juncture I request members of KSCASI to enroll for ASI Social Security Scheme which has the potential to provide financial support to the surviving family members. Let April to June quarter be declared as membership drive and I request all local branch office bearers to enroll members for social security scheme and I urge our branch coordinators to make sincere efforts in this regard.

Though it was a virtual year for KSC ASI, it was an excellent year as far as activities of the association is concerned. EC meetings and scientific committee meetings were held regularly with good attendance. Thanks to Dr. Soppimath and Dr. Diwakar Gaddi for their meticulous planning.

The virtual MIDCON and annual conference - which was also held virtually - were packed with relevant scientific content. Time management was exceptional. Here I congratulate the team led by Dr. Laxman and the team led by Dr. Diwakar for doing the job diligently .They have set the benchmark high. Dr. Jaspal Singh, Hon. treasurer who was also coordinating the branches made all his efforts to make them active, credit should go to him for the activation of new branch .

Dr. Naaz Jahan Shaikh, our poet, Rural surgeon, editor of Shastra made our job easier in communicating and connecting to members and happy that she is helping new editor

Dr. Kalaivani. I am sure Shastra will have new look with lot of new innovative ideas.

The present team will make all efforts in helping the cause of our fraternity including our post graduates. We have chalked out certain initiatives for this year. Virtual journal club, case discussions are on the anvil.

As Everyone can not afford NABH accreditation -should we think of an accreditation from the association like ASI, needs discussion. This year we have planned to take forward Evidence Based Surgery and research methodology Module. I seek the support of all our EC committee members so that we can aim for the best chapter award this year. If COVID-19 situation permits KSCASI MIDCON 2021 will be held at Mysuru. I invite all the members to plan for this scientific meeting.

Let's work for the betterment of our fraternity with sincerity and I am sure we will get new ideas from each one in this path of progress Let me end with a quote from Louis Pasteur -

"Science knows no country, because knowledge belongs to humanity

and is the torch which illuminates the world"

Let's think scientifically to spread the knowledge of science

Thank you Dr. Aravind Patel Chairman KSCASI 2021







### Secretary's desk... Dr.Chandrashekhar S

Dear Members

Greetings from KSCASI.

Hope to find you all in good health despite the covid pandemic. We have all experienced a different, fearful and challenging situation and hope to overcome this very soon.

We took charge of KSCASI office from February 14th 2021. The previous Executive Committee, headed by Dr.SS Soppimath have done a wonderful job during Covid 19 pandemic. Dr.Gaddi Diwakar executed his chores excellently. All meetings and conferences were conducted virtually. I think for the first time elections for KSCASI were conducted online and that most of the documents were digitalized by this team.

KSCASI has a good number of ASI members and I request the office bearers of all branches to report all the programs organised by them on time to KSCASI so that the same will be sent ASI head quarters.

I request the support of all the members of KSCASI so as to excel in our academic activities. We have planned to organise accademic activities, once a month at the State level by the scientific committee headed by Dr.Lakshman.K.

I hope our official Newsletter SHASTHRA, will come out with you lot of information contributed by all the members and the editor, Dr.Kalaivani.

Long live KSCASI

Dr.Chandrashekar S Secretary KSCASI





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## Chairman Elect 2021 Dr B N Patil

Dearest Surgeon Colleagues,

I thank all the members of KSC - ASI for Electing me as a CHAIRMAN ELECT 2022 & giving me this wonderful opportunity to serve our state Chapter.

Congratulations & Best Wishes to the New KSC ASI team, I hope Covid will end this year. All these days we were busy with Virtual Conference & Zoom meetings, but now we must encourage all branches to start offline activities like Surgical CMEs, encourage new ASI memberships, SSS Schemes, Health Schemes as we really appreciate & enjoy the bonding. We should update & send our Branch activities so that all activities should come in our E- Shastra which will be Edited by Dr kalaivani.

I wish all the best for the New Team under the leader ship of our Dynamic CHAIRMAN DR ARAVIND PATIL , Secretary DR CHANDRASHEKAR & All the EC Members.

Jai Karnataka Jai KSCASI Dr Basanagouda N Patil Chairman Elect







# Upcoming Events -KSC ASICON -2022

Category	UPT0 30/11/ 2021	UPT0 31/12/ 2021	SPOT
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ost raduates	5000	5800	6500
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City Nursing Home, Beside Halli Mane Hotel, Jagruthi Colony - KALABURAGI - 585-105 Phone No : 9448041785 E-mail: kscasicon2021@gmail.com

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Chief Patron : Dr. Bhimashankar Bilagundi

> Organising Chairman : **Dr S R Harwal**

**Organising Secretary : Dr. Rajshekhar Patil** 

> Treasurer : Dr. Nitin Tengli

Patrons : Dr. Umesh Jadhav Dr. S M Patil Dr. Shivakumar C R Dr. Md Moinuddin Dr. R G Devani Dr. R B Dhaded

Organising Joint Secretary : Dr. Amaresh Biradar Dr. Sharan Gubbi

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# Upcoming Events -KSC ASICON -2022

	KSCASI Offic	ce bearers		
WELCOME	Secretary Dr. Ch Chairman Elect Dr. B I Treasurer Dr. Ch	ravinda Patel handrashekar S N Patil handrashekar N	Accommodation	<ul> <li>Dr. A V Mudda</li> <li>Dr. Zaheeruddin Ather</li> <li>Dr. Vinaysagar Sharma</li> <li>Dr. Arif Raza Ahmed</li> </ul>
ear Colleagues and Friends, Greetings from the organizing	National EC Dr. H. Members Dr. Sic	shok S. Godhi V.Shivaram ddesh G ajgopal Shenoy K	Entertainment Committee	Dr. Anveer Allad : Dr. Shanta Patil Dr. Basawaraj Narsangi
mmittee of KSCASICON 2022. On behalf of Organizing Committee, it ves us immense pleasure to invite you to	Dr. Di Dr Am Dr Ba	laivani V inesh H N naresh V Biradar ishekhar C Jaka		Dr. Nitin Kalaskar Dr. Sharan Hatti Dr. Arunkumar Bhavikatti Dr. Prachi Poojari
Oth Annual Conference of Karnataka State hapter, Association of Surgeons of India at alaburagi, Karnataka. The KSCASICON D22 will be a unique Academic, Scientific nd Social Extravaganza, that will be	KSLASLEL Dr. Gu Members Dr Vij Dr. Vij Dr. Sa Dr. Na Dr. Ra	jarkima ebaka ay V Kamat jaykumar H arvesha Raje Urs aaz Jahan Shaikh amakrishna H K Jakshman	Scientific Committee	: Dr. Sharad M Tanga Dr. Suresh Patil Dr. Shashank Ramdurg Dr. Santosh Mangashetty Dr. Sangamesh Tandore Dr. Mahesh Reddy
erished for long time. Eminent faculties ill be invited from across the State, ational and International to enlighten you ith rich scientific education program.	Advisory Committee : Dr. M Dr. Sa Dr. M Dr. V E		Stage and Audio Visual	: Dr. Basvant Patil Dr. Ravindra Patil Dr. Tanveer Ustad Hussain Dr. Kailash Banale Dr. Palla Abhishek Reddy
Kalaburagi is located in the northern art of Karnataka. The climate in February is easant with temperature ranging from 25	Dr. Ve Dr. Me Dr. R I Dr. Sa	A Halkai Berbasawant Reddy Mudnal allikarjun Nisty P Kothari Binganna Kollur meshchandra D G	Catering	: Dr. S S Karbhari Dr. Amrappa Jampa Dr. Vijay Puranik Dr. Yallanagouda Police Patil Dr. Sangmesh Mise
grees to 30 degrees. Kalaburagi a City of h History and Culture is known for grimage of various faiths and sight seeing	Dr. R / Dr. Su Dr. Ba Dr. Ba		Tours and Travel	: Dr. Girish Noola Dr. Nandakishore Shinde Dr. Shoeb F R Dr. Deepak Pawar Dr. Faroog Mannur
ots. It has connection across the state throads, trains and flights.	Dr. S ( Dr. G I Dr. M Dr. M	G Shah D Hunakunti S Dhadve if Ali	Trade and Exhibition Committee	Dr. D S Sajjan Dr. Rohan Shah Dr. Anil Reddy Pinate Dr. Ahmed Khan
CASICON 2022 Team extends a warm elcome to Kalaburagi.	Dr Shi Dr Raj Dr B N	shore Mankar ivanand Surgali jashekar Mali V Joshi	Media and Event Coverage	: Dr. Sadashiv Patil Dr. Sanjeev Patil Dr. Baswantrao Patil Dr. Anil Malhari
With Warm regards	Reception Committee Dr. Mo Dr. Pa Dr. Sa	S Kappikeri d Shafiudddin avan Patil angameshwar Patil shweshwarayya Mathpati	Souvenir Committee	Dr. Bhagwanth Anwar : Dr. Sunil Kalaskar Dr. Arunkumar Uttam Dr. Kailash Bagale
	CSE Committee : Dr. Sa Dr. Sh Dr. Gu Dr. Ab	strivestrivatarya matupati ateesh Melkundi naik Mahmood Ali ururaj Deshpande odul Basheer armod Mala	Hospitality Committee	Dr. Nishant Konnur Dr. Vishwanath Mogali 5 Dr. Ambaraya Bujurke Dr. Anup Desai Dr. Sabayya Bhovi Dr. Anii Banagar
Dr. S.R. Harwal Dr. Rajshekhar Patil ganising Chairman Organising secretary	Finance Committee : Dr. Vil Dr. Sh Dr. Ba Dr. Ma		Ladies Representative	Dr. Rohit Devani : Dr. Jyothi Patil Dr. Vajreshwari Dr. Ahmadi Firdous Dr. Sana Aeraj



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### kscasi MIDCON 2021



# Secretary's Report

The midcon 2021 was organised by KSCASI on the virtual platform from 23rd to 25th of September 2021. A scientific committee headed by chairman Dr K Lakshman did a great job in executing the process of conducting a scientific program About 366 delegates participated, The scientific program was inaugurated by the national president of ASI Dr Abhay Dalvi, Our chairman Dr Aravind Patel presided over the Inaugural function Dr G Siddesh, National Vice President presented as chief guest and National ASI secretary, Treasurer, Academic council Director participated as Guest

It was conducted for 3 days on 2 screens, Scientific sessions included Lectures, Panel discussion, Case discussion Paper and poster presentations

About 66 free paper and 110 posters were presented

A total of 100 to 110 senior members participated in midcon as Speaker, Chairperson, Panellist, moderator and Judges

The best 10 Free papers and 8 posters were awarded







	Scientific Schedule 23-09-2021 Screen 1						
Screen	Time	Duration	Activity	Topic	Speaker	Charperson Moderator	
.1	1600119	30mino	Lecture	Laparoacopic knotting and subaring	Dr. Kalelvani	Dr. 8. 5 SOPPIMAT , Cape Dr. RAMACHANDRA	
3	1630916	30minis	Lecture	Number of informed consent	Dr. Abhijit Gogate	Dr. ARAVIND PATEL, Dr. AS GODHI	
1	1700815	15mios	Insuguration	Insuguration			
1	1715hrs	40mm	Free Paper Session 1	Free Paper Session 1		Dr. RAVINUMAR OV. Dr. SUNIL KUMAR Dr. SURESH HUCHCHANNAVAR	
-9	\$8005rs	60mina	Paster Session 1	Poster Session 1		(COL) NR SHANKAR, Dr. CHANNANNA ( Dr. VIJAKALAKSHIN G N	
1	1900hrs	60mins	Panel	Surgical Intensive care Monitoring the oriSculy II Sepale protocol/SSC guidelines Use of instropes	Dr. Rajiv Lochan Dr. Arun Dr. Prokash Doraiswarry	Dr. C S RAJAN	
ġ.	2000hm	60mm	Free Paper Session 2	Free Paper Session 2		Dr. SANTHOSH LAXMAN, Dr. BREEKAR AQUMEE PAL Dr. ODPALKRISHNA	
	2100km			End			

#### Screen 2

	Dr. D N PATIL, Dr. LAWANYA SI		Topic	Activity	Duration	Time.	Screen
		Dr. Prseti	Do styptics prevent bleeding during surgery? What is the evidence?	Lecture	30mina	1600tm	z
dependent.	De DEEPAK GROBH UDAPU Dr. ARUNA	Dr. Nordan Kumar	MRI and CT Scan in Pregnancy: What am the guidelines	Lecture	30mm	1630MS	2
1983.	Dr. RAVISHANKAR BRA Dr. PRAKASH HS, Dr. JAVANTH		Free Paper Session 7	Free Paper Session 7	45mires	171654	8
	Dr. SHILPA HUCHCHANNAWAR, Dr. Dr. WURALI MOHAN R		Poster Session 4	Poster Beasion 4	60mens	18001es	2
	Dr. NISHANT	Dr. Chandlan Kamar Dr. Chandana Gavisibidappa Dr. Haribarasen	Bowel anastomosis (PG's) Requirements for healing Hand sown anastomosis Stapled anastomosis	Panal	00mira	1900km	2
R NY V	Dr. MAHESH & P. Dr. KRISHNAMURTHY V		Poster Session 4a	Poster Session 4a	Blmine	2000rva	2
			End			2100hrs	
E III	Dr. NAHESH A P. Dr. Krishnanurth	De Harthanssen	Stepled anestomosis Poster Session 4a		60mm		10

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			Scienti	fic Schedule Screer		21
Screen	Time	Duration	Activity	Topic	Speaker	Chargers on Norkensor
1	1000	30mm	Lecture	General Surgery is the era of subspocialty	Dr. Dayunansi Nooli	Dr. NAAZ JAHAN SHAROH, Dr. SHIWANAND KURSAD
A.	1830	30mms	Lecture	How do you select a topic for a thenin'sbudy?	Dr. Ramakrishne HK	Dr. GABRIEL SUNK ROORKUES. Dr. TEJASWINI VALLABHA
	1700	ebrains	Free paper Session 3	Free paper Session 3		Dr. RUSSINA KALYAN REDDY JANUMPALE Dr. RAMAMANTH SAIDAPPA BALOORDAP Dr. SHOMAMAR H
	1800	HOmins	Poster Session 2	Poster Bession 2		DY: 8 V KAPIL KOSHONE, DY: BAIKALYAN GUPTHA ACHUTA, DI: BURESH KAGALKAR
	1900	Storens	Case discussion 1	Case discussion 1		DV. K.MAJAGOPAL SHENOY, Dr. GURUSHANTHAPPA H YALAGACHW
1	1930	301018	Case discussion 2	Case discussion 2		Dr. MA BALAKRISHNA Dr. DINESH HN
1	2000	60mine	Free Paper Session 4	Free Paper Session 4		Dr. AMARESH BIRADAR, Dr. VUMM I. PATI Dr. BASAWARAJ NARASAWAGI
	2100			End		

#### Screen 2

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# **MIDCON 2021**



Scientific Schedule 25-09-2021 Screen 1							
Screen	Time	Duration	Activity	Topia	Speaker	Charperson Moderator	
1	1600hrs	30mm	Lecture	HIPEC	Dr. Venkatachala	Dr. RAJASHEKAR C. JAKA Dr. MANJANATH R D	
1	1630hrs	30mins	Lecture	Policy for Hends-on training for Pgs	Dr. Garashanthappa	Dr. SARAM BHAT, Dr. RHAGHAVAN	
1	1700115	filmina	Free paper Bession 5	Free paper Session 5		Dr. GAAESH SHENDY, Dr. MALLIKARJUN BWC	
16	1903+++	60min	Poster Session 3	Poster Session 3		De HANUWANTHAJAH RRMC D: RAJU GH	
1	1000km	3011011	Case discussion 3	Case discussion 3		Dr. RAJIV LOCIUM, Dr. SHABATHCHANDRA BJ, Dr. THE MOWINI WILLABA	
1	1000100	30mins	Case discussion 4	Case discussion 4		Dy. IL LANSHMAN, Dy. ISHIWAR HOSAMANI	
1	2003016	69mini	Free paper Secsion 6	Free paper Session E		DI: BANKNESH PATEL, DI: SHARATH B V	

#### Screen 2

Screan	Time	Duration	Activity	Topic	Speaker	Chaliperson Waderstor
2	1000es	SOmino	Lecture	Managing Sciwel Pistula - a practical approach	Dr. Shivarare HV	Dr. NARAYAN CHANDRA LHEBSUR. Dr. SOMASHERAR DVO
27	1630/1/5	359916	Lecture	Triago in Trauma	Dr. MohanLN	DE PRABIAKARA G N. DE REUBAN PRAKASH JACKARYA
Z	1700hrs	60mm	Poster Session 5a	Poster Session Se		DE GORALKRISHNA K.H. DE RAJANNA, DE MAHESH KR
2	1003115	opering	Poster Session 6	Poster Session 6		Dr. GEVAPRASAD III G. Dr. NIL RAMACHANDRA
2	1900105	60mins	OSCE questions	OSCE questions	Dr. Sagar Izam Dr. Ravishankar Dr. Nitanjan	Dr. NISHANT
2	2000tes	EDestas	Free Paper Session 10	Free Paper Dession 10	1	Dr. FALACHANDRA HASSAN, Dr. SREE RAMALLU P.N
2.	2100ws	60mm	Poster Secsion Ge	Poster Bession 6a		DE BASAMARAJNI G N, Dr. CHAUTRA
			3			1520



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# The Team behind Success



Shastra



### Congratulations......MIDCON 2021 Winners



Dr. Rajesh B S, Consultant Surgeon, Yelahanka, Bengaluru.



Dr.Deepak G Senior resident BMC&RI



Dr. Raksha K P Post graduate Vydehi Institute of Medical Sciences

### FREE PAPER SESSION

RAJESH B S Sanyal Sumbul Rana Naveen Harish K L PRAKHYATH M DEEPAK G Darshan shetty Sanjay G Anjali A B Fathimath Shihana

#### POSTER SESSION

RAJESH B S Nishath Fathima Shwetha S Raksha K P AVINASH M S N V VAJRANG AKULA Manaswini Telikicherla 8 Urbee Gupta



Dr.Anjali.A.B General Surgery Resident Sapthagiri Institute Of Medical Sciences & Research Centre



Dr. Harish K LGeneral Surgery Resident , Sapthagiri Institute Of Medical Sciences & Research



Dr Sanyal Sumbul Rana Post graduate third year Dr B R Ambedkar Medical College and Hospital, Bengaluru



Dr Shwetha PG Resident Mysore Medical College



DR PRAKHYATH M Mysore Medical College and Research Institute Final Year PG



Dr.Naveena G S rdyear PG student. Karnataka Institute of Medical sciences "Hubli.







# A Little Brain Storming



# Post-op X-ray showing gastric dilatation



Scroll Down



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Dr Aravind Patel sir, Chairman KSC-ASI, addressed postgraduate students of VIMS Ballari and spoke about the need for active participation in various academic activities being conducted by KSCASI and ASI.

Specially Journal Club, Mortality morbidity meet, Presenting papers and improving thesis standards.

Sent from my iPhone







# KSC Academic Activities: July, August, September

KSCASI	KSCASI
Invites you to a Virtual Morbidity- Mortality Meeting On Thursday, 15 July 2021 at 9pm	Invites you to a <b>Virtual Journal Club</b> On Friday, 6 <sup>th</sup> Aug 2021 at 9pm
Conducted by The Department of Surgery SHRC Topic: Case of Hypoxia, post Lap. Chole. Moderator: Dr K Lakshman Presenter: Dr Nishant Zoom Link. Click Here	Conducted by The Department of Surgery Mysore Medical College <b>Topic: Blood loss and antithrombotic</b> <b>drugs</b> Moderator: Prof. Chandrashekar Presenter: Dr Deepika <u>Zosm Link Cick here</u>
Dr Aravind Patel Dr Grandrashakar Chaimson, ISCASI See, ISCASI	Dr Aravind Patel Dr Chandrashis Chairman, ISCAS Sec. ISCA

<u>Click here to watch the video</u>

_	KSCASI	0
1	Invites you to a	
	Virtual Morbidity-	
	Mortality Meeting	
	On 03 Sep 2021 at 9pm	
	Conducted by	
	The Department of Surgery	
	Mysore Medical College	
	opic: A case of Perforated Gall Blad Moderators:	der
	Prof Chandrashekar S	
	Prof. Shashikumar H B	
	Presenter: Dr Vini Talwar	
	Zoom Meeting Link Click Here	
	YouTube Stream Click here	
Dr Arayind Pati	el	Dr Chandrashekar S
hairman, RSC	ASI	Sec, RSCASI

Click here to watch the video

#### <u>Click here to watch the video</u>

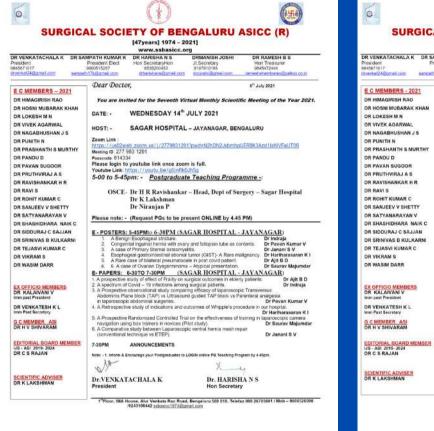


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### **BRANCH ACTIVITIES 2021** Surgical Society of Bangalore

### President: Dr Venkatachala K Secretary:Harisha N S



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SURGICI	AL SUC	[47years] 1974 - 2		ASICC (R)
		www.ssbasicc.	org	
resident Pro	MPATH KUMAR ssident Elect ssoo515283 178@cmail.com	K DR HARISHA N S Hon Secretary 9535200453 dharishans@gnat.com	DRMANISH JOSHI Hon Jt.Secretary 8197910166 docioshi@gmail.com	DR RAMESH B S Hon Treasurer 9645472444 remestshemburan@vehoo.co.in
C MEMBERS - 2021	Dear Doc	tor,		I <sup>st</sup> August 2021
R HIMAGIRISH RAO	You are in	vited for the Eighth Or	line Monthly Scienti	fic Meeting of the Year 2021
R HOSNI MUBARAK KHAN	DATE: -	WEDNESDAY 18 <sup>th</sup>	AUGUST 2021	
DR LOKESH M N DR VIVEK AGARWAL	1000000			
DR NAGABHUSHAN J S	HOST: -	ST JOHNS MEDIC	AL COLLEGE HOS	PITAL
DR PUNITH N	ONLINE: https://us02	web 200m 0s/08512826	ussimul-RGZnL3V	JeU12T2xSVDFoR08rVSt5d
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IR RAVISHANKAR H R		5-00 to 5-45pm: - Su	rgical Quiz for I	Post Graduates
R ROHIT KUMAR C	0.04			
OR SANJEEV V SHETTY	Chairperson Quiz Master:-	<ul> <li>DR S G SUBRAMANYAN DR . HIMAGIRISH RAO Quiz Winner will be awan</li> </ul>		artment of General Surgery – SJMCH
OR SATYANARAYAN V	E . POSTER	Call Winner will be awar		OLLEGE HOSPITAL
R SHASHIDHARA NAIK C		scular Complications in COVID 11		tu Abraham (PG in Surgery -1)
R SIDDURAJ C SAJJAN		es of intestinal obstruction: intern la Thyroid ? Really 7		hnu Mohan (PG in Surgery-2) y Francis (PG in Surgery-3)
R SRINIVAS B KULKARNI	4.Our operions	e of surgeries in COVID 19 patie	15.	Dr. Ajay Francis (PG in Surgery -4)
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CIENTIFIC ADVISER			1C	- hg
	Dr.VENK.	ATACHALA K		IARISHA N S
IK K LAKSHMAN	President			Secretary

### AUGUST 2021

Dr Ajay Francis won the Best Poster on Our experience of surgeries in COVID 19 patients. 2. Dr Simily won the 1st Best Paper on Effect of post-operative local change in temperature on post-operative pain and surgical site infections-A Prospective study. 3. Dr Joe Thomas won the 2nd Best Paper on Predictors of Difficulty in Laparoscopic

cholecystectomy.







## BRANCH ACTIVITIES 2021

## Surgical Society of Bangalore







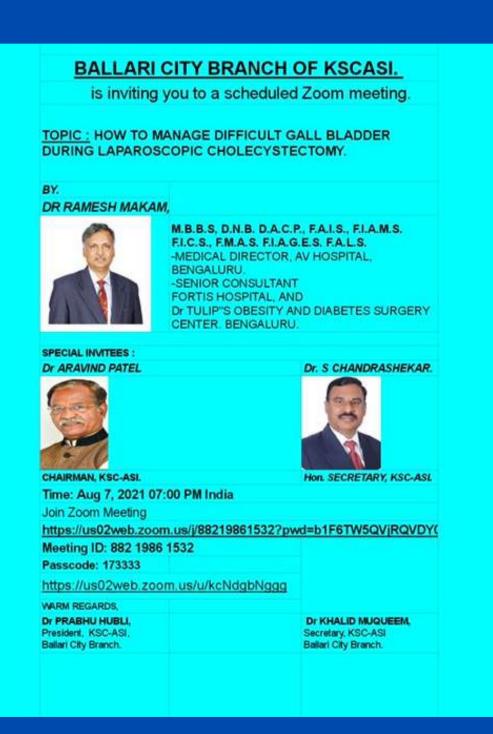
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### KSC-ASI-Ballari City Branch

President: Dr Prabhu Hubli

Secretary:Dr Khalid Muqueem





Shastra



### ASI Hubli Dharwad City Branch

Dr.Narayan Hebsur President

Dr. K.G.Byakodi Vice President

Dr. Suresh Badiger Secretary

Dr. Sanjay Mashal Treasurer

5th monthly Virtual Scientific Session ASI HD CITY Branch conducted on Zoom platform on 22nd July at 8.00 p.m..

President Dr.N. I. Hebsur welcome the speakers and members for the 5th Monthly meeting. Dr Chandrashekhar. Hon Secretary KSC-ASI Moderated the scientific Session



Dr.Arun Bal consultant at Raheja and Hinduja hospital Mumbai and President. Diabetic Foot Society of India spoke on Role of Biomechanical examination in Diabetic Foot Management. Dr.Sunil V Kari Senior consultant Diabetic Foot surgeon.

Head, Department Diabetic limb salvage. KAHER BELGAUM.

Director Mandakini Medi Eng health Private Ltd. Spoke on Preventing First DFU, Healing DFU & Preventing DFU Recurrence

Secretary Dr Suresh Badiger gave vote of thanks to the speakers for the informative lecturers and members ASI HD City Branch, and also National ASI President, Secretary, members from other State Branch, PG'S of KIMS and SDMCMS for participating in the webinar. 80 members attended the programme

Dr.Suresh Badiger



Shastra



### ASI Hubli Dharwad City Branch

Dr.Narayan Hebsur President

Dr. K.G.Byakodi Vice President

Dr. Suresh Badiger Secretary

Dr. Sanjay Mashal Treasurer





AUGUST 2021 ACTIVITIES REPORT OF ASI HUBBALLI DHARWAD CITY CHAPTER

6th Monthly Meeting held on 27 August at 7.00 p.m. at IMA House, Hubballi







**Topic: SURGEON AND HUMOR** 28th June 2021 at 8.30pm on virtual platform. **Speakers** 

Dr Rajgopal Shenoy, Professor and unit chief, Past Dean, KMC MANIPAL and Author of book MANIPAL Manual of Surgery Dr Srinivas pai, Professor and H.O.D, Dept of Surgery, SDMCMS&H.

More than 100 members participated including National ASI PRESIDENT Dr Abhay dalvi SECRETARY. Dr Sanjay jain and other EC members ,Dr Laxman, Dr C.S Rajan and members other branch Kolhapur, Goa, pune. Senior members shared their experiences of surgical humor.

Dr.G.Siddesh, Vice president National ASI and Director Sigma Hospital Mysore spoke on CBD stone management. Chairperson were Dr K G Byakodi. Dr Sameer and Dr Kanakaraya



Dr. N. S. Nagesh Director. Institute of Gastroenterology science and organ transplant. There was a Panel discussion on CBD STONE DISEASE. Panelist were Dr Eshwar Hosamani Principal KIMS, Dr Gurushanthappa Y. Proff and H.O.D. KIMS Hubballi. And DF Srinivas Pai Prof and H.O.D StOMCMS&H



Dr Mallikarjun Desai a senior member Felicitated the speakers Dr G Siddesh and Dr N.S Nagesh

Secretary Dr Suresh Badiger gave vote of thanks to the speakers for the informative lectures and HD CITY BRANCH members, Post Graduate students of KIMS and SDM Medical College. Meeting was followed by Dinner. 70 members attended the programmee. All covid 19 protocol were followed.



or.Suresh Badiger



Shastra



### Brain Storm....

Title: Acute gastric dilatation leading to ischemic necrosis- a rare post-operative complication following sigmoid volvulus resection.

Author's name and designation: Dr. Rajesh B S, Consultant Surgeon, Yelahanka, Bengaluru. Email: rajeshbs89@gmail.com Phone: 9738107782

Co-author(s) name and designation: Dr. Suresh Kumar S, Additional Professor, Dr. Vikram Kate, Professor and Head; Department of Surgery. Name of the institute: Jawaharlal Institute of Postgraduate Medical Education and Research (JIPMER), Pondicherry.



#### Introduction:

Sigmoid volvulus occurs when twisting of sigmoid colon about its mesentery, causing closed loop obstruction which maybe partial or complete. Acute gastric dilatation is a post-operative complication of major laparotomies which can progress to ischemia of stomach, is an under-diagnosed condition and is disastrous if not intervened early.

#### Case summary:

25 year old male presented to the casualty with one day history of dull aching abdominal pain, predominantly in lower part associated with abdominal distension and obstipation. He had history of loose stools for the past 1 month, treated with Mesalamine for possible inflammatory bowel disease but patient didn't have melena. On examination, abdomen was distended but, non-tender with mild guarding and no bowel sounds heard. Per rectal examination showed mucoid staining without any blood or melena. X-ray revealed hugely dilated colon and CECT showed sigmoid volvulus with non-enhancing bowel wall. Patient was posted for laparotomy and Sigmoid volvulus was resected, distal sigmoid and descending colon anastomosis was done with covering ileostomy. Stoma started functioning on the post-operative day (POD)-1. Ryle's Tube was removed and the patient was started on oral fluid and tolerated well. Patient developed abdominal distension with pain on POD-2. The patient was kept nil per oral due to abdominal pain.



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### Cont....

The patient developed tachycardia, hypotension on POD-3 and on RT insertion, 2 liters of bilious fluid was drained. Repeat X-ray showed dilated stomach and few dilated bowel loops. Patient developed further abdominal distension with febrile spikes on the evening of POD 3 and was posted for re-exploration suspecting anastomotic site leak.



Figure 1: Pre-operative CT picture classic Coffe-Bean shaped appearance of Sigmoid Volvulus.

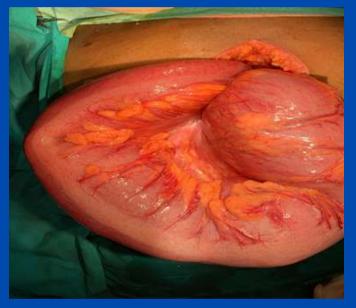


Figure 2: Intra-operative picture of Sigmoid Volvulus.

On re-exploration, 50 ml turbid fluid was present with small intestine dilated for 200 cm from Duodeno-jejunal flexure but, anastomotic site was patent. The stomach showed two gangrenous patches – 4x5 cm on the anterior wall and 6x5 cm on the posterior wall with impending perforation. Distal gastrectomy and gastro-jejunostomy was done. Patient developed severe metabolic acidosis and hypotension in the immediate postoperative period and was started on ionotropic support. However, inspite of best resuscitative efforts the patient could not be salvaged and succumbed to sepsis 6 hours post-operatively.



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### Cont.....



Figure 4: Second surgery Intra-operative picture showing Gangrenous patch over Anterior wall of stomach.

Figure 5: Second surgery Intra-operative picture showing Gangrenous patch over Posterior wall of stomach.

### Discussion/Conclusion:

As per literature, acute gastric dilatation can result due to eating disorders, electrolyte disturbances and multiple other conditions. Reported mortality rate of gastric ischemia and perforation due to dilatation is 80% to 100%. Acute gastric dilatation produces vague symptoms initially. Vomiting occurs in more than 90% cases. Progressive abdominal distension with pain occurs mostly but might be too mild to be noticed initially. Imaging and watchful monitoring is the key factor in diagnosis. Early diagnosis and decompression improves prognosis though delayed perforation or bleeding might happen even after decompression. Acute gastric dilatation should be watched out for after any major laporotomy and RT to be placed to prevent this fatal complication.

### **Consent for Publication:**

Necessary consent for the case report presentation and publication in your magazine has been taken from the patient attenders and Faculty and Department of Surgery, JIPMER, Puducherry and they have no qualms about publishing this case report in Shastra E Magazine.



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CASE REPORT: A rare case of perforation of Meckel's diverticulum in an infant

DR SHWETHA S GUIDE : DR. ARVIND K L MYSORE MEDICAL COLLEGE, MYSORE







#### INTRODUCTION

Meckel's diverticulum is a persistant remnant of the vitellointestinal duct which measures 5cm approximately and occurs about 45-60cm from the ileocecal valve. Male:female = I:IIt is a true diverticulum containing either gastric mucosa(50%), pancreatic mucosa(5%) or colonic mucosa. Clinical presentation are: lower GI bleeding(most common), diverticulitis, intussusception, chronic ulceration, intestinal obstruction, perforation. Pre-operative diagnosis is difficult as there is no specific investigation available. 99m Technicium pertechnate scan is available at certain centre for diagnosis with 85% sensitivity and 95% specificity.



Chastra



Case report :

A 9 month old male infant presented to the casualty with history of refusal of feeds and crying continuously for two days.

On examination, the child had abdominal distension with diffuse tenderness over all quadrants of the abdomen.

On further evaluation, ultrasonography of the abdomen and pelvis showed mild fluid in the peritoneal cavity with internal echoes with features suggestive of pneumoperitoneum. Erect x ray abdomen showed air under diaphragm. Total cell counts were increased with predominantly neutrophils.

Infant was resuscitated and underwent Emergency Exploratory Laparotomy. Perforation of the Meckel's Diverticulum at the base along with peritonitis was identified.

Resection of the Meckel's Diverticulum along with 5cm of ileum on either sides was done,

followed by end to end anastomosis of the ileum .

Post operative period was uneventful.

Child was monitored closely and was discharged on post operative day-6.

The child was reviewed after 15 days in OPD and followed upto three months.

Discussion

Meckel's diverticulum is the most common congenital anomaly of the small bowel. It can present as symptomatic Meckel's diverticulum or as an incidental finding per- operatively. There is no specific investigation of choice for the diagnosis of Meckel's diverticulum. Treatment of symptomatic Meckel's diverticulum is either diverticulectomy or segmental resection of the ileum which depends upon the pathology. Conservative approach is supported for incidental Meckel's diverticulum. However studies have shown the incidence of malignancy in Meckel's diverticulum to be 1.44 per 10 million. Hence the decision for surgical resection of Meckel's diverticulum is made on a personalised basis weighing risk and benefits of age, complications and

malignancy







### Cont.....



### **CONCLUSION :**

Perforation of the Meckel's diverticulum is a rare complication ,difficult to diagnose preoperatively. The incidence of Meckel's diverticulum is common among children less than 2 years of age.Spontaneous perforation of the Meckel's diverticulum can present as acute abdomen.Early diagnosis and timely intervention is essential for the better outcome of the patient. Hence Meckel's diverticulum perforation has to be considered among one of the differential diagnosis in case of acute onset pain abdomen among the infants.

### References

- Bailey and Love's Short Practice of Surgery, 27th edition 1252-1253
- Sabiston Textbook of Surgery, 21st edition 1288-1290
- Schwartz's Principles of Surgery, 11th edition 1246-1248
- Holcomb and Ashcraft's Pediatric Surgery, 7th edition 641-645
- Arnold G. Coran Pediatric Surgery, 7th edition 1085-1092



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### Talents...

2020



The dream of every Indian fulfilled in a moment When the yellow coloured spear was swung by the exponent It pierced the ground with such force, grace and elegance Instantly this lad from Panipat etched his name with prominence.

> Mocked for the chubby and round appearance Labeled as a sarpanch, was his greatest grievance Taking up the challenge to remain forever fit Joined the army where he soon showed his grit.



With dedication he practiced all along his way Every muscle fibre responded at the end of the day Synchronised action of his muscles during every throw The spear would head forward, as far as it could go.

A level of confidence beaming across his face Diffusing an air of victory during the race And before that golden spear touched the ground He was sure of victory, that echoed all around !!

Kudos to the young lad( #Neeraj) for creating history Our tricolour fluttered with pride, at this remarkable victory!!

-Dr. Naaz Shaikh

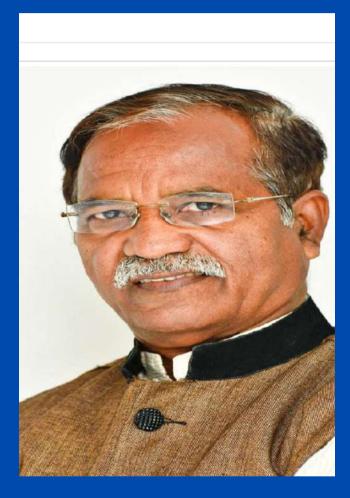




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# Congratulations...





ಅಭಿನವ

ಅರಿವು ಸಂಸ್ಥೆ, ಬಳ್ಳಾರಿ ಇವರ ಸಂಯುಕ್ತ ಆಶ್ರಯದಲ್ಲಿ

ಎಡಿತ್ ನೆಸ್ಪಿಚ್ Edith Nesbit (15 August 1858- 4 May 1924 ಜನ್ಮದಿನದ ನೆನಪಿಗೆ

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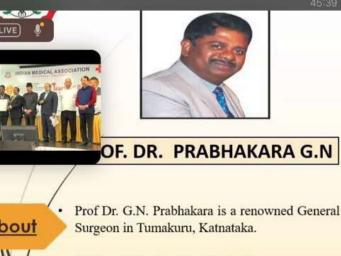
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. ಬಸವರಾಷೇಶ್ವರಿ ಪಜ್ಞಕ್ ಸ್ಗೂಲು, ಅನಂತಮರ ರಸ್ತೆ, ಬೆಟ್ಟಾರಿ.

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ಕಾದಂಪರಿಯ ಮೊದಲ ಓದು	: ಕು. ಹರ್ಷವರ್ಧನ ಜೆ. ಇಂದು ಶಾಲೇಖ, ಕೊಟ್ಟಾರು
ಮುಖ್ಯ ಅತಿಥಿಗಳು	: ಡೌ. ಎಸ್. ಜೆ. ವಿ. ಮಹಿಪಾಲ್ ಹೇರ್ಕನ್ ಮತ್ತು ಮ್ಯಾನೇಜಂಗ್ ಡ್ರಿಸ್ಟಿ. ಖಸವರಾಹೇಶ್ವರಿ ಪಜ್ಞಕ್ ಸ್ಕೂಲು ಮತ್ತು ಕಾಲೇಜು.
ಅಧ್ಯಕ್ಷತ	: ಸಿ. ಚನ್ನಬಸವಣ್ಣ ಲೋಹಿಯಾ ಕ್ರಕಾಶನ, ಬಲ್ಲಾರಿ.
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ಸರ್ಕಾರದ ನಿಯಮಾವಕ ಪ್ರಕ	ಾರ ಕೋಖಿಡ್ 19ರ ಸಿಯಮಾವಕ ಪಾಅಸುವುದು ಕಡ್ಡಾಯ



NATIONAL BEST TEACHER AWARD

is bestowed upon

#### Prof. Dr. G. N. Prabhakara MS (Gen. Surgery) Karnataka

in recognition of his exemplary clinical contribution for propagation of competency-based Medical Education a participatory leadership in creating envisioned Indian Medi Graduates as a leader, communicator, life long learn clinician and a professional, on this 5th day of Septemi 2021, the day observed as IMA MEDICAL TEACHERS' DA at IMA HQs, New Delhi

In witness whereof we have hereto appended our signature the corporate soal of Indian Medical Association is he impressed.

National Vice President 2019-20

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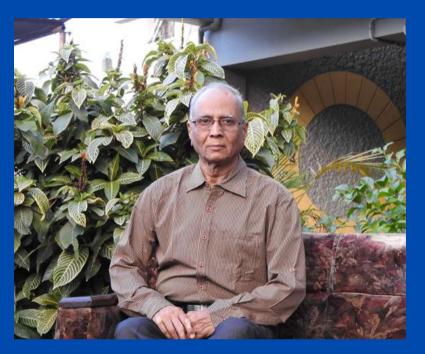


# ACHIEVEMENTS.....

# Dr. Balachandra. Channappa. Uppin

### MBBS,MS,FICS,FAIS

Senior Surgeon,Bijapur Retired Professor of Surgery, BLDEA's Sri B.M.Patil Medical College, Bijapur



### Posts and Positions held

Professor of Surgery- BLDEA's Sri B M Patil Medical College Hospital, Bijapur Examiner in various universities for UGs and PGs Medical Superintendent- BLDEA's Sri B M Patil Medical College Hospital, Bijapur Past President KSC-ASI (2001-2002) Chairman, KSC-ASI conference held in Bijapur in 1996 Past President IMA, Bijapur Past President, Rotary Club of Bijapur Member, Red Cross Society, Bijapur District President, Dr B. C. Uppin Charitable Trust, Bijapur



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# Dr. Balachandra. Channappa. Uppin

# Personal details

Born in Bijapur/Vijayapura on 26th May 1942. Wife: Smt. Shobha Uppin. Housewife

### Parents

Sri. Channappa. S. Uppin and Smt. Gangabai.Uppin Father- Agriculturist and Businessman

### Daughters

 Smt.Deepa. Biradar (Architect) married to Sri.Rajendra. Biradar (Software engineer)
 Dr. Shilpa. Chatni (Head &Neck Surgical Oncologist) married to Dr. Sanjeev. Chatni(Medical Gastroenterologist)





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# Dr B C Uppin







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# Dr B C Uppin

### Brief history about your school, education and career

Early education in Bijapur. Was a hockey player at school. Active in extra-curricular activities. Enjoyed the affection of very good friends. Observed the lack of good medical facilities in Bijapur whenever any family member or relatives fell ill. Hence, was keen to pursue Medicine as career.

MBBS-KMC, Hubli- Karnataka University, Dharwad, completed in 1967 MS(General Surgery)-KMC,Hubli- Karnataka University, Dharwad, completed in 1973

1968 -1990 - Government Service- Sindagi and Bijapur. Voluntary Retirement in 1990

Established Dhanvantri Nursing Home along with other speciality colleagues in 1979, the first multispeciality hospital in Bijapur and surrounding districts.



1990- 2007- BLDEA's B.M.Patil Medical College, Bijapur- Served as Medical Superintendent and Professor of Surgery.

Retired in 2007 and continued practice in Dhanvantri Nursing Home.

( Has been in Medical Practice for more than 50 years now)



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# Dr B C Uppin



## Member; Medical and Non Medical

IMA, ASI, FICS, FAIS, Red Cross Rotary(Previously)





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# Dr B C Uppin

### Awards

H S Bhat Oration in KSC-ASI conference in Bellary -2005-06
AKN Sinha Oration in IMA State conference in Difference

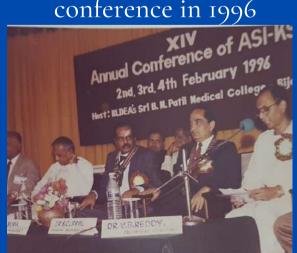
### Bijapur- 2014







# Chairman of ASI-KSC <u>conference i</u>n 1996





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# Dr B C Uppin

### **Extrasurgical Activities**

Served as President and conducted Rotary club activities, Bijapur As President of B C Uppin Charitable Trust-Organised free health check-up camps in association with BLDEA's Sri B M Patil Medical College and Sri Channaveer Swamiji Pratishthan Saarangmath,Sindagi.

Organised free cataract surgery camps in association with BLDEA's Sri B M Patil Medical College and Sri Channaveer Swamiji Pratishthan Saarangmath,Sindagi. Donated Ambulance to Sri Channaveer Swamiji Pratishthan Saarangmath , Sindagi Donated Muktivahan(hearse van) to Siddeshwar Samstha, Bijapur Donated for renovation of temples in Bijapur Contributed for construction of a part of Veershaiva-Lingayat Bhavan, Bijapur







Shastra



## Dr B C Uppin

# ಸಮಾಜ ಸೇವೆಗೆ ಅರ್ಪಿಸಿಕೊಂಡ ಡಾ. ಉಪಿನ

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אמומינט אנקות פווקה בן אמינה הוא ישה הנוספונים

ಡಾ. ಉಪ್ಪಿನ ಅವರು ಇದು ಅವಧಾತದಲ್ಲಿ ಜೀವಸಭಿತ ಪೇಳಿದ್ದಾರೆ.



LIGCAMONT Secretaria and ಲೇನವ man ಸಾಧ್ರವ ಲಕ್ಷ ಮಾಡಿದ ಕಾಲ್ಸಾರನ್ ಕತ್ಸುವಯಕ್ಷನೆಗೆ ಹಿನೆ. ಬ್ರಕ್ಷಗೆ ಬರುವ ವೇಣೆಗೆ ಹಾಗೂ ಗತ್ತದ ಎನ್ನಾ ಆಡುಮಾ

राज्य प्रायत्वान्त्र भूम् प्रावस्थान्त्रेन् कल्प स्थान प्राय

ವನ್ನ ಪ್ರಾಣಕಿಸಲಾಧವರ ಕ್ರೀ ಸಿದ್ದೇಶ್ ಸ್ಥಾಮಿಗಳ ಮರಿ ಉತ್ರಮವು ಕ್ರಿಕ್ರಿ ಸಿದ್ದಿಸಿದ್ದಾರೆ. ಸಿದ್ದಿಸುವ ಕ್ರೀ ಪ್ರದಿ ಸದುಗಳಿಗೆ ಸಿದುವಾರವಾಗು ತನ್ನ ಮೂಲ ಅವರು ಇದರು ಕ್ರಿ ಸಿದ್ದೇಶ್ ಸಿದ್ದಿಸುವು ಕಲ್ಲಿ ಸಿದ್ದ ಮರದ ಅವರು ಇದರ ಸಿದುವಾರ ಕ್ರಿ ಸಿಗಳು, ಮಿತ್ರವ ಬದ್ದಾರ್ ಸಿರ್ದಾರ್ ಮರ್ಥಿ ಕ್ರಿ ಸಿದ್ದಾರ್ ವರೆದ ಮರದ ಅವರು ಇದರ ಸಿದುವಾರ ಶಿರ್ವಜಾತ್ರಿ ವರೆದ

### Social Activities



11000 1 40 ಂದಗಿ ಸಾರಂಗಮಠದಲ್ಲಿ ನಡೆದ ಉಚಿತ ಆರೋಗ್ಯ ತಪಾಸಣಾ ತಿಬಿರದಲ್ಲಿ ಡಾ. ಬಿ.೩. ಉದ್ದಿನ ಮಾತವಾ ್ ಸಾರಂಗ (ಖ್ರೇಗಳು ಮತಿತರರು ಉಪಹಿತರಿದರು





Shastra



# Dr B C Uppin

## With Friends



### Your Mentor

Late Padmashri Dr R B Patil , Hubli

### Your favourite surgery

All types of Emergency and Elective Abdominal Surgeries

# Why did you choose surgery-

I felt, Surgery gives permanent cure to many diseases and a lot of satisfaction to the surgeon. Hence, I was keen to take up Surgery.



Chastra



# Dr B C Uppin

If not for surgeon what would you want to be-

If not general surgeon, I would want to be a eye- surgeon or any other speciality surgeon.

### What would you want to do if you relive your PG life

I would want to do Urology

### Favourite food, place to visit, books, any other.

North Karnataka vegetarian food and sweets. Was a Hockey player at school. Love Swimming and Watching Cricket

Key to your success Sincerity, hardwork, Punctuality and Ethical Practice

### Advise to young surgeons-

Be truthful to the profession. Treat the human, not the disease. Regular updating of our knowledge is a must. Don't go after money. Success will follow.



Shastra



### ORBITUARY





Prof. M.S.Anantha Raju , occupied the highest position in de Department of Medical Education of Government of Karnataka. He gradually rose to the position step by step. He was a Professor, den Professor & H.O.D, Medical Superintendent, Principal of a Medical College and then as The Director of Medical Education in 1990-'91. He retired as D.M.E in June 1992. Later he went to J.S.S. Medical college (Vidya Peetha) Mysore. He was the Chief Architect of Our Department Of Surgical Gastro Enterology @ Bangalore Medical College/ Victoria Hospital. His Justification to establish the Department of S.G.E with the Secretary Medical Education G.O.K