



Shastra

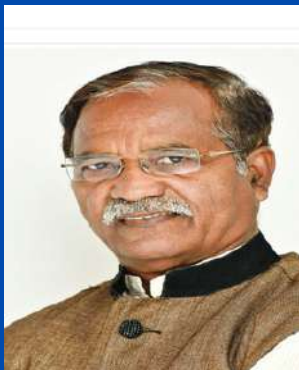
NEWSLETTER KSC ASI

MARCH 2021



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Dr Aravind Patel
Chairman



Dr Chandrshekar S
Honorary Secretary



Dr Chandrashekar N
Honorary Treasurer



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Executive Committee 2021



Dr Dinesh H N
E C Member



Dr B N Patil
Chairman Elect



Dr Rajashekar C Jaka
E C Member



Dr Naaz Jahan Shaik
E C Member



Dr Sarvesh Raju Urs AS
E C Member



Dr Kalaivani V
E C Member



Dr Amaresh V Biradar
E C Member



Dr Vijaykumar H
E C Member



Dr Y Guru basavana
Gouda
E C Member



Dr Vijay V Kamat
E C Member



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Dr S S Soppimath
Imm Past Chairman



Dr Diwakar Gaddi
Imm Past Honorary
Secretary



Dr Shivaram H V
National EC Member



Dr G Siddesh
Vice President ASI



Dr Ashok S Godhi
National EC Member



Dr Ramakrishna H K
Co-Opt EC Member



Dr Rajgopal Shenoy
National EC Member



Dr K Lakshman
Co-Opt EC Member



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Editor's desk...

Dr Kalaivani V

Dear Esteemed Members of KSC,

The Surgeons of Karnataka have proved their academic excellence quietly at several occasions, nationally and internationally. SHASTRA, the state newsletter is the platform to showcase our academic and scientific work. My sincere request to all the surgeons and postgraduate students to make the fullest use of this platform by contributing scientific material on research, recent advances in surgery, newer guidelines and individual academic and nonacademic achievements. Let us all strive together to take SHASTRA and KSCASI to newer heights.

Dr Kalaivani V
Chief Editor



Dear Colleagues,

I request you to send your contributions under the following. We also welcome contributions from our postgraduate students too.

Academic Article

Please send Original articles, Guidelines, Humour, stories, Trivia, Quiz questions and interesting Case report or Case series with Review of literature for academic purposes.

Opportunities/Classifieds

Relevant Jobs, Advertisements and Upcoming Events can be included at a nominal fee as per the discretion of the Editorial team.

Non Academic

Inviting articles - That may be appropriate and interesting to the members. Examples: Life beyond surgery, My daily routine, How I manage Stress, Interesting place I traveled, Books I recommend, Personal achievements, etc.

Feedback/ Suggestions

Any other suggestions for improvements, feedback, Letters to the Editor any other Inputs are welcome.

Please mark your contributions to: emagazineshastra@gmail.com

Please also send your Name and Contact Number

Regards,

Dr Kalaivani V



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Chairman KSCASI 2021 Dr Aravind Patel



Greetings to all members of KSCASI.

My Pranamas to all my seniors and need their guidance for the coming year.

At the outset I thank all the members of this esteemed organization for electing me as Chairman elect during KSCASICON 2020 Bengaluru. I congratulate the Organizing team led by Dr. Uday Muddebihal and Dr. Aravind Gubbi for their effort in wonderfully conducting the KSCASICON 2020. The KSCASI appreciates Surgical Society of Bangalore for starting the KSCASICON 2020 research grant. I urge all members of KSCASI to utilize this grant. I thank our past chairman Dr. S S Soppimath for travelling all the way from Hubli to Ballari to hand over the charge physically.

Last one year has been – as we are well aware – turbulent due to COVID –19 pandemic .It is painful that we lost some of our colleagues during this period. My heartfelt condolences to the bereaved families. At this juncture I request members of KSCASI to enroll for ASI Social Security Scheme which has the potential to provide financial support to the surviving family members. Let April to June quarter be declared as membership drive and I request all local branch office bearers to enroll members for social security scheme and I urge our branch coordinators to make sincere efforts in this regard.

Though it was a virtual year for KSC ASI, it was an excellent year as far as activities of the association is concerned. EC meetings and scientific committee meetings were held regularly with good attendance. Thanks to Dr. Soppimath and Dr. Diwakar Gaddi for their meticulous planning.

The virtual MIDCON and annual conference – which was also held virtually – were packed with relevant scientific content. Time management was exceptional. Here I congratulate the team led by Dr. Laxman and the team led by Dr. Diwakar for doing the job diligently .They have set the benchmark high. Dr. Jaspal Singh, Hon. treasurer who was also coordinating the branches made all his efforts to make them active, credit should go to him for the activation of new branch .

Dr. Naaz Jahan Shaikh, our poet, Rural surgeon, editor of Shastra made our job easier in communicating and connecting to members and happy that she is helping new editor

Dr. Kalaivani. I am sure Shastra will have new look with lot of new innovative ideas.

The present team will make all efforts in helping the cause of our fraternity including our post graduates. We have chalked out certain initiatives for this year. Virtual journal club, case discussions are on the anvil.

As Everyone can not afford NABH accreditation –should we think of an accreditation from the association like ASI , needs discussion.

This year we have planned to take forward Evidence Based Surgery and research methodology Module. I seek the support of all our EC committee members so that we can aim for the best chapter award this year. If COVID-19 situation permits KSCASI MIDCON 2021 will be held at Mysuru. I invite all the members to plan for this scientific meeting.

Let's work for the betterment of our fraternity with sincerity and I am sure we will get new ideas from each one in this path of progress

Let me end with a quote from Louis Pasteur –

"Science knows no country, because knowledge belongs to humanity and is the torch which illuminates the world"

Let's think scientifically to spread the knowledge of science

Thank you

Dr. Aravind Patel

Chairman KSCASI 2021



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Secretary's desk... Dr.Chandrashekhar S



Dear Members

Greetings from KSCASI.

Hope to find you all in good health despite the covid pandemic. We have all experienced a different, fearful and challenging situation and hope to overcome this very soon.

We took charge of KSCASI office from February 14th 2021. The previous Executive Committee, headed by Dr.SS Soppimath have done a wonderful job during Covid 19 pandemic. Dr.Gaddi Diwakar executed his chores excellently. All meetings and conferences were conducted virtually. I think for the first time elections for KSCASI were conducted online and that most of the documents were digitalized by this team.

KSCASI has a good number of ASI members and I request the office bearers of all branches to report all the programs organised by them on time to KSCASI so that the same will be sent ASI head quarters.

I request the support of all the members of KSCASI so as to excel in our academic activities. We have planned to organise academic activities, once a month at the State level by the scientific committee headed by Dr.Lakshman.K.

I hope our official Newsletter SHASTHRA, will come out with you lot of information contributed by all the members and the editor, Dr.Kalaivani.

Long live KSCASI

Dr.Chandrashekhar S
Secretary KSCASI



Chairman Elect 2021

Dr B N Patil

Dearest Surgeon Colleagues ,

I thank all the members of KSC - ASI for Electing me as a CHAIRMAN ELECT 2022 & giving me this wonderful opportunity to serve our state Chapter.

Congratulations & Best Wishes to the New KSC ASI team, I hope Covid will end this year. All these days we were busy with Virtual Conference & Zoom meetings, but now we must encourage all branches to start offline activities like Surgical CMEs , encourage new ASI memberships ,SSS Schemes , Health Schemes as we really appreciate & enjoy the bonding. We should update & send our Branch activities so that all activities should come in our E- Shastra which will be Edited by Dr kalaivani.

I wish all the best for the New Team under the leader ship of our Dynamic CHAIRMAN DR ARAVIND PATIL , Secretary DR CHANDRASHEKAR & All the EC Members.

Jai Karnataka
Jai KSCASI
Dr Basanagouda N Patil
Chairman Elect





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KSC ASICON 2021 Feb 12-14

Executive Committee 2020



Dr. Sadashivayya Soppimath

Chairman



Dr. Aravind Patel

Chairman Elect



Dr. Diwakar Gaddi

Secretary



Dr. Jaspal Singh Thalia

Treasurer



Dr. Lakshman .K

Chairman Scientific Committee

Dr. Vidyadhar Kinhal

Imm. Past Chairman

Dr. Narayanchandra I. Hebsur

Past Secretary

State EC Members

Dr. Aruna Rao .K
Dr. Anil Kumar Bellad
Dr. Dinesh .H. N.
Dr. Gurushantappa Y alagachin
Dr. Hanumanthaiah .K .S
Dr. Madhusudhan Kariganuru
Dr. Prashanth .S . Murthy
Dr. Rajshekhar P atil
Dr. Sarvesha Raje Urs .A.S .

National EC Members

Dr. Ashok S. Godhi
Dr. G. Siddesh
Dr. Shivaram .H .V.
Dr. Rajgopal Shenoy .K

Co-opted EC Members

Dr. Dayanand Nooli
Dr. Naaz Jahan Shaikh
Dr. Lakshman .K
Dr. Ramakrishna H K

Scientific Committee Members

Dr. Aravind Patel
Dr. Aruna Rao .K
Dr. Naaz Jahan Shaikh
Dr. Ramakrishna H K



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KSC-ASICON 2021 Feb 12-14 REPORT



Onslaught of COVID -19 pandemic made EC led by Chairman KSCASI Dr S S Soppimath to take a decision to host 39th KSCASICON 2021 - which Kalburgi branch was supposed to host - virtually from the safe confines of our homes from 12 -14th February 2021.

Preparations for this began early September when the scientific committee led by Dr Lakshman K sent out a google form to welcome faculty to be a part of the scientific sessions in the capacity of evaluators of abstract, Chairman, Judges and faculty. This was with an idea of building up the scientific faculty pool with an eye to encourage juniors to take an interest in the association and its activities.

With an experience of successfully hosting 2020 KSCASIMIDCON scientific Committee planned to elaborate on that experience and planned a virtual conference. It was decided to host this conference from Ballari - being Hon. Secretary's home place-with back up from Bangalore (Dr Lakshman)and Bijapur(Dr Jaspal Singh).

It was planned to be a three day affair and to be hosted on three screens.

Evaluation of abstracts was done very strictly - as MIDCON had a no rejection policy- where abstracts which did not meet the specific standards were rejected.

Scientific committee met a record of 12 times - thanks to virtual platforms- to finalise the best of the scientific programme.

Prof TS Jairam Memorial CSE was held on 12 th February 2021.

Dr Abhay Dalvi, President ASI inaugurated the CSE and delivered the inaugural lecture.

Conference proper was held on 13 th and 14 th of February. Three screens were hosted under the guidance of Dr Lakshman - being managed by Dr Gaddi Diwakar, Dr Aruna Rao and Dr Naaz Jahan Shaikh. They were ably supported by Dr Venkatesh K, Dr Hosni ubarak Khan, Dr Pavan vaddin, Dr Nishanth, Dr Vivaan Dutta, Dr Madhu, Dr Meera, Dr Prajwal and our e partner keystone limited.

With the support of faculty from all over India virtual KSCASICON 2021 was a smooth precise affair without any glitch.

A small Valedictory was held at Ballari and thanks to Dr Soppimath , Chairman , KSCASI for travelling all the way from Hubballi and charge was handed over to Dr Aravind Patel as Chairman KSCASI for the year 2021-22.

KSCASI thank all the Members for their contribution and cooperation in the conduct of this virtual conference. If situation is in our favour, let us all meet at MIDCON 2021 at Mysuru.

Dr S S Soppimath:

Our chairman Dr S SSoppimath is a quintessential organizational man. I thank him for reposing his faith in me. Though COVID was a dampener for his enthusiasm his contribution has been phenomenal. He conducted office in a democratic manner, gave free hand to all the committees and sought counsel when at cross roads. He encouraged juniors to freely express their views. Due to his efforts guidelines have been formulated in the selection of distinguished senior surgeons for honoring, guidelines were formulated in selection of papers at the conference.

Dr Jaspal singh Tehalia:

Our treasurer is a silent work horse. He maintained meticulous accounts and at the same time coordinated with City branches and Head of the Departments.

Dr G Siddesh

On behalf of KSCASI we are proud to announce that Dr Siddesh has been elected as Vice President ASI for the year 2021. We wish him all the very best for his tenure as President of ASI 2022

Long live KSCASI.

Dr Diwakar Gaddi
Secretary KSC-ASI 2020



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KSC-ASICON 2021 Feb 12-14



Dr S S Soppimath handing over to Dr Aravind Patel



Screen 1: Dr Diwakar Gaddi & Team



KSC-ASICON 202112-14 Feb

Orators: 2021

Prof H S Bhat Oration:	Dr Gurushanthappa Yalagachin
Prof A J Narendran Oration:	Dr Channanna M
Prof S S Narasanagi Oration:	Dr Narayan Hebsur
Dr M P Pai Oration:	Dr. capt. L Ramachandra SM
Dr S R Kaulgud endowment lecture:	Dr Srinivas Pai

Conveners for Symposium: 2021

Dr Balakrishna Rao Memorial Symposium:	Dr Prasad S S :
	"Approach to periampullary carcinoma"
Dr R B Patil Symposium:	Dr Kasa Somasekhar :
	"Thyroid nodule"



Screen 2: Dr Aruna & Team

Orators : 2022

Prof H S Bhat Oration:	Dr Vidyadhar Kinhal
Prof A J Narendran Oration:	Dr Lakshman K
Prof S S Narasanagi Oration:	Dr Naaz Jahan Shaikh
Dr M P Pai Oration:	Dr Gabriel Rodrigues
Dr S R Kaulgud endowment lecture:	Dr Harsha G V

Conveners for Symposium: 2022

Dr Balakrishna Rao Memorial Symposium:	Dr Ramakrishna:
	"Should Surgeons be doing Endoscopies"
Dr R B Patil Symposium:	Dr Shrishal Metgud :
	"Bowel Anastomosis in Gen Surgery"

Distiguated senior surgeons honored: 2021

1. Dr Durganna T
2. Dr Sampath Kumar
3. Dr Srikantiah R
4. Dr Vijaykumar M

Orators: 2023

Prof H S Bhat Oration:	Dr Dayanand Nooli
Prof A J Narendran Oration:	Dr Rajagopal Shenoy
Prof S S Narasanagi Oration:	Dr B M Patil



Screen 3: Dr Naaz & Team



Karnataka State Chapter of Association of Surgeons of India
39th Annual Conference of KSC-ASI

KSC-ASICON 2021

Date : 12th, 13th & 14th February 2021



Dr Durganna T
Honoured Surgeon 2021



Dr Durganna T completed his MS General Surgery in 1985, before joining the Government Medical college, Bellary as Assistant surgeon, where he earned good reputation. He underwent further training in advanced laparoscopy in Chennai, and in palliative care. In 1997, when he was Assistant Professor, he was transferred to Bangalore Medical College, where he worked in various capacities, culminating in being the Head of Department of General Surgery in 2013.

He has been involved in teaching activities for postgraduates, conducting research activities and clinical trials, and examiner for various universities.

Dr Durganna T has also been the MCI inspector to various medical colleges in India. He has held many administrative posts and retired from government service in 2016 - after 31 years of service - as the Medical Superintendent of Victoria Hospital, Bangalore Medical College. He currently works as Professor of Surgery at Rajarajeshwari medical college, Bangalore.

He was awarded the prestigious FRCS by the Royal College of Physicians and Surgeons of Glasgow, UK in 2013, and Fellowship of the American College of Surgeons in 2018. He is an active member of academic circuit participating as faculty in various conferences and workshops across the state and country. He was involved in a WHO project for integration of oral health into general health in 2008-2009.

Dr. S. S. Soppimath
CHAIRMAN, KSCASI

Dr. Diwakar Gaddi
HON. SECRETARY, KSCASI



Karnataka State Chapter of Association of Surgeons of India
39th Annual Conference of KSC-ASI

KSC-ASICON 2021

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Dr P. Sampath Kumar
Honoured Surgeon 2021



Professor Dr. P. Sampath Kumar, was born in February 1955. After an excellent academic career, he passed his MBBS with a First Class, from Kurnool Medical College, Kurnool, in Andhra Pradesh. The prestigious "N. Gulam Hussain Gold Medal, for standing First in General Surgery", perhaps was the motivation for him to set out on a career in General Surgery. He did his Post-Graduation in General Surgery from JIPMER, Pondicherry.

His passion and love for the subject of Surgery, led him to join Kasturba Medical College, Manipal as a Lecturer in General Surgery. His successful teaching career culminated in his rising to the posts of Professor of Surgery, Head of department of Surgery and Associate Dean of KMC Manipal. He successfully completed 35 years of teaching service and retired from Kasturba Medical College, Manipal in 2019.

After retirement, he joined the Melaka Manipal Medical college, Manipal campus, for a teaching assignment in Surgery. The unexpected disturbance in the regular teaching due to the COVID-19-related lockdown brought out unexpected challenges to him in conducting online classes. Putting to excellent use his skills in computers, he is relishing the challenge. He has his own technique of delivering didactic lectures and even conducting online clinical case teaching.

His passion is teaching of Surgery and areas of special interest include acute Abdomen, decision making in Emergency surgery, management of postoperative complications like Enterocutaneous fistulae, management of Necrotizing fasciitis and blunt injury abdomen.

He has delivered many Guest Lectures in several Conferences and CMEs, including the Dr M.P. Pai Oration", 2014 and "Manipal Oration", 2018.

He himself has organized several CME's during his stint in KMC Manipal. He has to his credit 15 Publications in various National and International Journals. He was a Post-Graduate Examiner in Surgery in many Universities.

Dr. S. S. Soppimath
CHAIRMAN, KSCASI

Dr. Diwakar Gaddi
HON. SECRETARY, KSCASI



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Karnataka State Chapter of Association of Surgeons of India
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Dr R Srikantiah Honoured Surgeon 2021



Dr R Srikantiah was born on 27th July 1939 to Late Smt Chandramma and late B N Rudrappa. He hails from a family of doctors; his grandfather Dr B Nanjappa, MB&CM, was Superintendent of Victoria Hospital and Principal medical school Bangalore.

Dr R Srikantiah joined Bangalore Medical College as the second batch student in 1956 and passed MBBS from Mysore University in 1962. He had his postgraduate training in King George Medical College and passed MS General Surgery in 1967 from Lucknow University.

He served as lecturer and reader in surgery in MR Medical College, Gulbarga from 1968 to 1974 and moved to Davengere. He joined JJM medical college Davengere as associate professor of surgery and retired as Professor in 2004 after a period of over 25 years.

He is a committed, sincere and devoted teacher who has taught both under and postgraduate students for over 40 years. He has been examiner as various universities, life member of association of surgeons of India. He was president of Davangere Surgical Society during 1999-2000 and was executive committee member of Karnataka state chapter of association of surgeons of India during 2001 to 2003.

He is happily married to Smt Sudha Srikantiah. They have three daughters, first two are doctors from JJM medical college, married to medical doctors, settled in Chicago, USA. Third daughter is an Orthodontist practicing in Bengaluru, married to an ophthalmologist.


Dr. S. S. Soppimath
CHAIRMAN, KSCASI


Dr. Diwakar Gaddi
HON. SECRETARY, KSCASI



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Dr. M Vijayakumar Honoured Surgeon 2021



Dr. M Vijayakumar was born in 1957. He did his MBBS in 1979 from Madras University and D.N.B. General Surgery in 1985 from HAL Hospital. He then completed his M.Ch. in 1993 from Kidwai Memorial Institute of Oncology, Bangalore. He was awarded the Fellowship of Royal College of Physicians & Surgeons, Glasgow in 2007. He has undergone advanced training in various renowned centers abroad.

He joined Kidwai Memorial Institute of Oncology, Bangalore in the department of Surgical Oncology as a Senior Resident in 1984 and ascended to become the Professor and Head of the Department till he took voluntary retirement in June 2015. He was the Director for five years for Kidwai Memorial Institute of Oncology which he got elevated from Regional Cancer Centre to State Cancer Institute. He was the Visiting Professor in the Department of Surgical Gastroenterology, Bangalore Medical College for 15 years. He is currently working as the Vice Chancellor and Professor of Surgical Oncology since July 2015, at Yenepoya Medical College Hospital.

He was Honorary Secretary for Indian Association of Surgical Oncology at the national level for two years and went on to become the President of Indian Association of Surgical Oncology in 2015. He was the Honorary Secretary for Surgical Society of Bangalore and was the Honorary Secretary for KSC-ASI.

Presently he is Chairman of Task Force dealing with Health Promotion and Prevention in Oncology in the National Cancer Grid under the aegis of Tata Memorial Hospital, Mumbai. He was the Observer in the University of Haidelberg, Germany, University of Bujhon, France and University Combined Hospitals, London, UK. He was sent by the Govt. of Karnataka for studying the NICE guidelines of NHS scheme in UK to incorporate in Vajpayee Arogya Scheme.

Dr Vijaykumar has over 50 publications in reputed international and national journals, including several large clinical trials. He has presented over 60 papers and delivered over a 100 invited lectures worldwide. He has contributed to 8 books.

He has been invited as Guest of Honour by the British, European, Brazilian and Chinese Societies of Surgical Oncology. He has received numerous awards, including a traveling fellowship, from reputed national and international organisations.

Recently he has been trained in Robotic Surgery, which he has established in Yenepoya Medical College Hospital.

His areas of interest in cancer are - creating Cancer Awareness and Health Promotion, Surgery of Oral Cancer, Thyroid Cancer, Breast Cancer, Oesophageal Cancer, Gastrointestinal Cancer, Gynaecological Cancer, Bone and Soft Tissue Cancer and paediatric solid tumors.

Dr. S. S. Soppimath
CHAIRMAN, KSCASI

Dr. Diwakar Gaddi
HON. SECRETARY, KSCASI



Dr H S Bhat Oration


kscasicon 2021

Dr Gurushantappa Yalagachin, Professor, HOD, Dept of surgery KIMS Hubli

“DICTUMS IN SURGICAL PRACTICE”

It was my honor to be part of the conference and to be an orator. My topic was “DICTUMS IN SURGICAL PRACTICE” Since Dr H S Bhat was a great teacher; my talk was targeting surgical postgraduates and young surgeons. I have covered few of the common entities which we come across during our day to day practice, like appenendicectomy, swelling excision, hydrocele operation, laparoscopic cholecystectomy, etc. This talk was out of my surgical and teaching experience since last 28yrs. I hope that it was of some use to all my students, young surgeons and my surgical colleagues. I think that I have justified myself for having given this prestigious oration. I thank wholeheartedly the whole team of KSCASI for the same.

Few of them mentioned below. For detailed complete talk requested to find out in our kscasi website

Every one of us have witnessed many unexpected turn of events in clinical practice which we fail to explain with our existing basis of knowledge, probably because of an un-identical nature of the human system; hence we end up saying 'diseases will not read text-books!'.


Many physicians feel that clinical practice is a spontaneous act and the decisions taken are in the best interests of the patient. No two physicians will think exactly in the same pattern in a particular clinical event though their decisions may be closely similar.

CLINICAL SIGNS; Clinical signs are facts.....Facts are realities...Realities are what are existing.....Which cannot be.....IMAGINED or BLUFFED (dr ghy)

ACUTE APPENDICITIS; It's a clinical diagnosis. If history and examination & examination and investigations are not correlating each other, be careful in selecting a surgical treatment..... Either get 2nd opinion OR ask for higher investigations. Avoid negative appendectomies as it is associated with increased risk of ectopic pregnancy in young females and increased prevalence of Crohn's in both sexes

EARLY MORNING PAIN; Early morning abdominal pain with vomiting in a young patient, not very much relieved with drugs..... likely to be ureteric colic than appendicitis. Early morning abdominal discomfort with urge for motionpossibility of cardiac event

Acute intestinal obstruction; Palpable coils of intestine OR a palpable mass in the abdomen in a c/o intestinal obstruction.....needs exploration. Mixed F/O intestinal obstruction and peritonitis.....think of gangrenous bowel (Necrotizing enteritis).Persistent hypotension or tachycardia may indicate gangrenous bowel and needs exploration

Unexpected expectations; If things on table are NOT according our expectations.....need to be careful and may have to change our plans. Like, unusual sac during inguinal hernia repair.....could be a sliding hernia.....Not to open the sac, May Urinary bladder be the content. In c/o obstructive jaundice, if expecting thinned out pancreas and finding bulky or soft pancreas, need to change the plan of pancreatic anastamosis



- Before cut open a tubular structure, confirm that it is the structure of interest and NOT a blood vessel



“TWO comes after “ONE” & “B” comes after “A”; During any surgical procedure whether major or minor, don't jump in to step-2(B) unless you finish the step-1(A) nicely..... trying for suture cutting before ligation is being finished

LAP CHOLECYSTECTOMY; Artery which pulsates in Callot's triangle is not a cystic artery. (?hepatic artery/catterpillar hump) (Cystic artery pulsates only after clipping and cutting)

Hug the gallbladder while dissecting(not to dissect far away from the GB)

Elephant's head(Dr Udwadia)

Lolly pup GB/ Laddoo GB(innocent GB).....dangerous GB

Infundibulum of GB should be retracted towards patients Rt elbow and fundus towards Rt shoulder.....to open up

Dissection of GB from liver bed- GB plate

Visual Cholangiography; seeing all the structures on the screen(CD, CA, CHD, CBD)

Colleagelography ; endorsing the findings of CVS by your colleagues

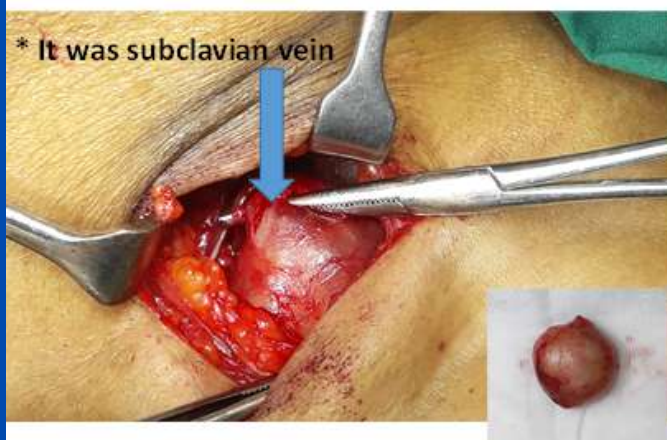
Diseases of “X” and “Y”; Diseases which are common in sex “X”, if it occurs in sex “Y” Need to be careful. Like biliary disease, breast disease and thyroid diseases occurring in males.....???? Likely to be difficult cholecystectomy, likely to be malignant diseases

In men nine out of ten abdominal tumors are malignant. In women nine out of ten abdominal swellings are the pregnant uterus.

(Rutherford Morris, 1853-1939)

If you can not explain the anatomy on table, (FOR ANY SURGICAL PROCEDURE) NOT supposed to ligate or cut.

c/o left supraclavicular swelling planned for excision after USG/CT/FNAC with no definitive diagnosis. Clinical impression ?Nerve sheath tumour.



* It was subclavian vein

Variation in CA...didn't clip



Magnitude of the problem

“MAYBE WE SHOULD FIRST LEARN AND TEACH HOW TO PREVENT INCISIONAL HERNIAS, RATHER THAN HOW TO TREAT THEM?”

SPERLONGA STATEMENT

(autumn board meeting of the EHS in September 2013 in Sperlonga, Italy)



Dr A J Narendran Oration

KSCASICON 2021

Dr Channanna
Prof Surgery VIMS BELLARY
Former Director BRIMS Bidar.



Changing Trends in Carcinoma Stomach

Gastric cancer is one of the major causes of cancer-related deaths, despite the gradual decrease of its incidence in the West.

In 1980's it was called as 'CAPTAIN OF MEN OF DEATH' Diagnosis was mainly made by 5 'A's of carcinoma stomach i.e., Asthenia, Abdominal pain, Anorexia, Anemia and type A blood group.

Back then diagnosis was with the use of minimal investigations

like barium meal. Endoscopy and CT scan was a luxury. Nowadays diagnosis is routinely done with endoscopic biopsy and narrow band imaging, endoscopic ultrasound, CECT abdomen and pelvis and MDCT.

Using these modalities gastric cancer has been detected at early stages which have made the prognosis favourable. H Pylori is the class I carcinogen in development of gastric cancer, which has also been diagnosed with the help of UGI endoscopy and early eradication of H Pylori has helped in reducing the incidence of gastric cancers.

Since most of these patients visit General Surgeons first, General Surgeons play a KEY ROLE in early identification of disease and early interventions.

Minimally invasive procedures, such as endoscopic resection and laparoscopic gastrectomy, have been successfully introduced in European high-volume centres, in the treatment of early gastric cancer. Regarding advanced, localized gastric cancer a number of prospective trials have been completed in search of better therapeutic options, aiming to optimize the efficacy vs. adverse effect ratio.

Recent studies have shown promising results in the use of molecular targeted agents, both in preoperative and palliative settings.

Minimally invasive surgery, which has been extensively used to treat gastric adenocarcinoma, is now regarded as one of the standard treatments for early gastric cancer. Robotic surgery using the Da Vinci surgical system is anticipated to be a powerful tool for performing difficult techniques using high-resolution three-dimensional (3D) images.

Attempts are being made to apply robotic surgery in gastrectomy procedures mainly in Japan, South Korea, and Europe. Although definite superiority to laparoscopic gastrectomy is yet to be proven.

Take home messages-

ü Clinician/ Practitioners - contribute to the world medical literature about GC.

ü Form tailored screening protocol for early diagnosis.

ü Early endoscopic screening for detection of mucosal lesions.

ü Tailored Chemotherapy and radiotherapy protocols.

ü Raise general awareness about the common risk factors.



Technology and the Surgeon

Dr K Lakshman
Bangalore



Technology has taken great strides and it behoves all of us to try and keep pace with this progress. Undoubtedly it paves the way for ones' better performance and acceptance among peers in the profession. The advances are very vast and wide. This short communication restricts the discussion to giving an overview on the following two aspects of technology:

1. Cloud computing
2. Artificial intelligence

Cloud Computing

The Oxford dictionary defines Cloud Computing as follows:'the practice of using a network of remote servers hosted on the internet to store, manage, and process data, rather than a local server or a personal computer.'

What this essentially means is that the computer storage as well as the computing power is on servers located elsewhere - the 'Cloud'. The resources are utilized by the user when required and as such his own computer need not have any disks or software other than the ones required to connect to the remote server through the internet. This makes the local computer a 'bare bones' machine with a small CPU, a keyboard and a monitor. The bulk of the software and data is elsewhere. The advantages and disadvantages are listed below:

Advantages

- Low capital investment
- Low maintenance charges
- Risk of hacking and data theft
- Robust maintenance by 3rd party
- No redundancy on unwanted software
- Good backup
- Easy data sharing

Disadvantages

- Need for good connectivity
- Risk of hacking and data theft
- Data confidentiality

On balance, advantages outweigh disadvantages and the world has moved to cloud computing. Amazon, Google and Microsoft are the world leaders in providing cloud computing services



Technology and the Surgeon



Artificial Intelligence (AI)

We have been hearing about artificial intelligence for 2 to 3 decades. Great improvements have occurred in this field in the last decade. Artificial intelligence is defined by Wikipedia as follows: 'Artificial intelligence is intelligence demonstrated by machines, unlike the natural intelligence displayed by humans and animals, which involves consciousness and emotionality.'

The healthcare sector has remained a little behind the engineering sector in using AI. However several AI systems and applications are already in place and working and many more are in the pipeline.

Essentially the computer is programmed by information technology scientists to think like the human brain. AI involves setting up algorithms involving large quantities of data. These algorithms 'train' the computer to recognise patterns and from this 'knowledge' they can put out results like radiology reports, histopathology reports etc. This 'training of the computer' is done through two major processes called 'Deep Learning' and 'Natural language Processing'. As a typical example, a large number of chest x-rays depicting lobar pneumonia can be 'fed' into a computer. The programming then recognises a pattern in pneumonia. Once this learning has taken place, if one were to submit a chest x-ray to this computer it can say with good certainty whether that x-ray shows pneumonia or not. Similarly, several radiological, histopathological, ophthalmic fundus examinations, skin diseases etc. can now be diagnosed with degrees of certainty that match or exceed the performance of humans.

AI is also applied in planning operations particularly in neurosurgery and plastic surgery. Using CT and MRI images the best approaches to a neoplasm can be planned. AI also helps in planning the types of fixation in facial trauma. Cosmetic surgery planning can be done after due discussion with patients explaining realistic outcomes with AI constructed images. There are many more applications in various other fields of healthcare. The future for AI in healthcare is promising

Technology is an integral part of our lives. This short communication has given an overview of two small aspects of technology that have a direct bearing on our professional life.

Further reading:
Cloud computing:

<https://www.investopedia.com/terms/c/cloud-computing.asp>

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4372226/pdf/12911_2015_Article_145.pdf

Artificial Intelligence:

https://en.wikipedia.org/wiki/Artificial_intelligence

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7133476/pdf/BLT.19.237289.pdf>



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KSC-ASI BEST BRANCH AWARDS 2020

Surgical Society of Bangalore

President: Dr Kalaivani V

Secretary: Dr Venkatesh K L

1. Best City Branch from ASI
2. Appreciation for Activities
3. Appreciation Award for hosting 38th KSC-ASICON

Belgaum City Branch

President: Dr Shashikant Kulgod

Secretary: Dr Sudhir Bhat

1. Appreciation for Activities





BRANCH ACTIVITIES 2021

Surgical Society of Bangalore

President: Dr Venkatachala K

Secretary: Harisha N S

- 1 January: Monthly Clinical Meeting, hosted by St Martha's Hospital
- 2 February: Monthly Clinical Meeting, hosted by BGS Global Hospital & MVJ Medical College
- 3 March: Monthly Clinical Meeting hosted by Manipal Hospital





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Belagavi Branch 2021

Dr Shashikant Kulgod
President

Dr Sudhir Bhat
Secretary

Dr Vijaykumar patil
Treasurer

January

Webinar on 8/1/21

TOPICS 1. Ventral hernia repair – TARM

2. A Lady surgeon- challenges in practicing in rural area- my experience

Speakers

1. DR ASHWIN MASURKAR M.S. FIAGES

Practising Surgeon, Masurkar Hospital, Gokak

2. DR ROHINI KULKARNI

General and laparoscopic surgeon, Shivkrupa hospital, Chikodi.

February 2021

1. Submitted memorandum against Medical Pluralism

March 2021

Webinar was conducted on 13th, Saturday from 7pm to 9 pm

"MY PERSONAL AND/OR PROFESSIONAL EXPERIENCES WITH COVID"

1. DR SANJAY KARPOOR, DR ABHIJIT GOGATE, DR SHRISHIL METGUD, DR SHREEPATI PISE, DR GOMATESH KUSNALE, DR DAYANAND NOOLI, DR VIJAY NAVADAGI
HOD JNMC





Surgical Society of Mysore



SURGICAL SOCIETY OF MYSORE AND ASSOCIATION OF SURGEONS OF INDIA MYSORE CITY BRANCH



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Professor HOD of Surgery
MMCRI, Mysore
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Dr. Shashidhar
Dr. Sushma Krishnamurthy
Dr. Varadaraju

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Dr. B.S. Madhu
Dr. Nairuthya
Dr. Preethi. S.P

Advisory Committee
Dr. C.G. Narasimhan
Dr. Vasanthkumar
Dr. Geeta Avadhani
Dr. Siddesh.G
Dr. Ravindranath
Dr. Rubenprakash
Dr. Sharathchandra

The **Surgical Society of Mysore and ASI – Mysore City Branch** in association with Narayana Health City, Bangalore successfully conducted a CME on 20th February, 2021 at Hotel Le Ruchi the Prince, Mysore. The event was presided by Dr Dinesh HN, President SSMI-ASI and was conducted in the distinguished presence of Dr Siddesh G, National Vice President ASI and Dr Chandrashekar S, Secretary, KSCASI. 3 distinguished speakers from Narayana Health spoke about the following topics:

1. Laparoscopy to Robotics – A Urologist's perspective by Dr Prashanth Kulkarni
2. Recent advances on Gynaec-Oncology and Robotics by Dr Rohith R Ranade
3. Role of Robotic Surgery in Pediatrics by Dr Sanjay Rao

On this occasion a felicitation ceremony was held for Dr Siddesh G and Dr Chandrashekar S. The event was attended by 110 doctors, from Post graduates to Super Specialists. The CME was followed by dinner. All COVID 19 safety protocols were followed





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ASI Hubli Dharwad City Branch

Dr.Narayan Hebsur
President

Dr. K.G.Byakodi
Vice President

Dr. Suresh Badiger
Secretary

Dr. Sanjay Mashal
Treasurer

ASI Hubli Dharwad City Branch Annual General Body Meeting and Installation ceremony of New Office Bearers for the year 2021-2022 was held on 6th February 2021 at IMA House, Hubballi. Dr.Vijay Kamat Outgoing President welcomed the Chief Guest Dr.C.N.Manjunath from Bangalore and Guest of Honour was Dr.Ramlingappa Antharthani Director KIMS, Hubli and members. Outgoing Secretary Dr.S.Y.Mulkipatil read Annual Secretary Report for the year 2020-2021. Outgoing President Dr.Vijay Kamat handed over the charge to Incoming President Dr.N.I.Hebsur, Outgoing Secretary Dr.S.Y.Mulkipatil handed over the charge to Incoming Secretary Dr.Suresh Badiger and Treasurer was Dr. Sanjay Mashal. Incoming President Dr.N.I.Hebsur addressed the gathering and appreciated the work done by Dr.Vijay Kamat and is team. Chief Guest Dr.C.N.Manjunath was felicitated on this occasion. A CME was conducted were Dr.S.Y.Mulkipatil spoke on Antibiotic Prophylaxis. Vote of thanks by Incoming secretary Dr.Suresh Badiger. Dr. Mallikarjun Desai, Dr.K.G.Byakodi, Dr.Ishwar Hosmani, Dr.V.Teggimani and other senior members and PG students attended the meeting. The meeting was followed by dinner.

Dr.Suresh Badiger
Hon.Secretary, ASIHDCB





International Women's Day 2021

Theme "Women in leadership:
Achieving an equal future in a COVID-19 world",

Chairman's Message

Happy women's day to all our
Women colleagues in the field of surgery.

We have evolved a lot from "Sathi" system which existed in our country for a long time. Barbaric "Breast tax" was prevalent in Travancore kingdom where lower caste women were taxed to cover their breasts. We have passed through Devadasi system, an inhuman act, female infanticide and other such gender bias social evils. Now it's time to educate and change for a better world.

The theme for the year 2021 is

"Women in leadership: Achieving an equal future in a covid 19 pandemic world". KSC ASI is happy to see Dr. Kalaivani to be the editor of Shastra after Dr. Naaz who did a wonderful job.

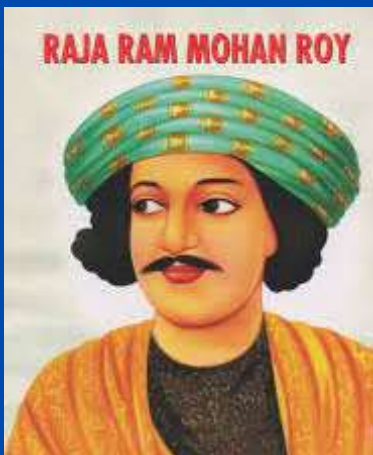
Though the world is progressing towards Gender equality space, still in a lot many countries, women face suppression. They even face workplace harassment, including sexual violence. In our country, especially girl child education is lagging behind and we still have to overcome the female foeticide.

I personally feel the change should happen at personal level. Not merely slogans but our attitude towards women should change. Gender equality mindset of all, will see a better world with harmony and peace.

Women in Healthcare sector are doing yeomen service and are in the forefront in covid 19 Care. I wish Happy women's day again to my fraternity colleagues.

Thank you,
DR.ARAVIND PATEL

REMEMBERING YOU.....



Indian queen (rani) of Kittur, Indian queen of Kittur, she has become a folk hero in Karnataka and symbol of the independence movement in India.



Sarojini Naidu's 141st Birth Anniversary
13 February 2020

He was known for his efforts to abolish the practices of sati and child marriage.[1] Raja Ram Mohan Roy is considered to be the "Father of the Bengal Renaissance" by many historians.[2]

Sarojini Naidu was an Indian political activist and poet. A proponent of civil rights, women's emancipation, and anti-imperialistic ideas, an important figure in India's struggle for independence from colonial rule



International Women's Day 2021



*As success is attained and you reach newer heights..
 Let the gratitude persist in your thoughts.
 Never forget those caring hands and pious minds
 Who tended and prayed, in your difficult times.
 -Dr. Naaz Shaikh*



Just being a women

*Her day starts early
 Usually first to wake up
 On the heater, boil the milk,
 Waking everybody else, Just like an alarm
 bell...*

*Start cooking ,
 Mostly breakfast and lunch together
 And then starts the Packing
 In between takes a break
 To Put clothes in the machine
 Working even in her break
 Is her story no complaints*

*Be strong and confident, be it offline or online balance your life,s
 priorities,aim high ,reach your goals with discipline and dedication
 ,set a benchmark ,ignore people insulting you ,move on, sky is the
 limit . Hard work is the key to success .
 Wishing all the bold and beautiful woman surgeons a very happy
 international woman's Day.*

Dr Usha Rani



*Off she goes to her other battle
 Ready in just 5 minutes
 Listening to her patients patiently
 Treating them with her love and care
 She manages her students and colleagues
 As easy as breeze, or so it seems.*

*Whatever it is she gives it her all
 Time flies to return home
 Sometimes she carries her work home
 Things spill over as they always will
 But a master cleaner and multitasker
 God has given her many hands
 Indeed isn't she Gods amazing creation*

*She splits her brain between work and home
 With one Half there and the other half in
 kitchen*

*Dinner starts brewing
 In no time it's night and in
 Flash of a second it's morning
 And the cycle repeats.....*

*Chores by a women
 who also is a doctor or vice versa
 Penned for women's day
 By Dr Mamatha .B
 Paediatric surgeon BMCRI*



*Working with love and passion is meditation in itself that
 will keep you healthy, physically and mentally. Being
 healthy, happy and peaceful with self along with hardwork,
 perseverance and commitment is the key to success.*



March 20th...World Sparrow Day Dr Naaz Shaikh



CAPTURED!!

*Captured in your frame,
My picture is priceless
Your magical click,
Has made my existence timeless.
I can hear you admire, my innocence
You have transformed me
Just to be a substance.
My picture has all of me sans my chirp
When I sing you consider me to be a twerp.*

*All day long I sit in your frame,
Like a model, tired of the show
Waiting for the show stopper!
One by one I've lost my nearest kin
I have paid the price for all your sin.
My tribe will soon vanish from this earth
If you don't heed now
My existence will soon lose its worth!!*

- Dr. Naaz Shaikh

Pic credit... Google



Achievements....

Dr G Siddesh

Vice President - Association of Surgeons of India

Proud of you

Chief Surgeon and Medical Director, Sigma Hospital, Mysore.

Dr Siddesh got his postgraduate degree from University of Mysore in January 1985. He underwent one year training in GI Surgery and Endoscopy under renowned Dr V N Shrikhande, Mumbai. He pioneered Therapeutic Endoscopy, Laparoscopic surgery in Mysore and surrounding districts.



CURRENT DESIGNATION:

- Medical Director and Chief Surgeon- Sigma hospital, Mysuru
- VicePresident(President elect 2021) - Association of surgeons of India
- National Executive Member - Association of surgeons of India (2016-2021)
- VicePresident - MAHAN(Mysore association of Hospitals and nursing homes)
- Executive committee member - IMA, Mysore.
- Vice President - Baden Powel Educational society- which is running a public school in Mysore district, Bharath Scouts and guides
- Founder Trustee and President - Sapthaswara Balaga Trust (a cultural trust encouraging development of Hindustani music in Mysore region and also sponsoring a music school teaching Hindustani music to children, creating platform for young talents)

ACADEMIC ACHIEVEMENTS

- Pioneered GI Endoscopy and Laparoscopic surgeries in Mysore
- 31 years of teaching experience in JSS medical college, from Dec 1985 to October 2016.
- HOD - General surgery for over 8 years and held position of dean of faculties at JSS university
- Faculty - Ethicon institute of surgical training and CEMAST
- Training PG students and have been examiner in many Postgraduate examinations.
- Established - Endoscopy Department at JSS Medical College, Mysore
- Active in ASI Programmes
- Progressed in the ranks of ASI right from the Mysore district secretary to all the way to the president of ASI, 2022. Served in all strata right from EC member of the district, to the state
- Organised state conference as the secretary of Karnataka state chapter (ASI- 2016 in Mysore) which was considered as benchmark for further conferences.
- Took part in imparting basic surgical skills, laparoscopic and endoscopic training programmes.



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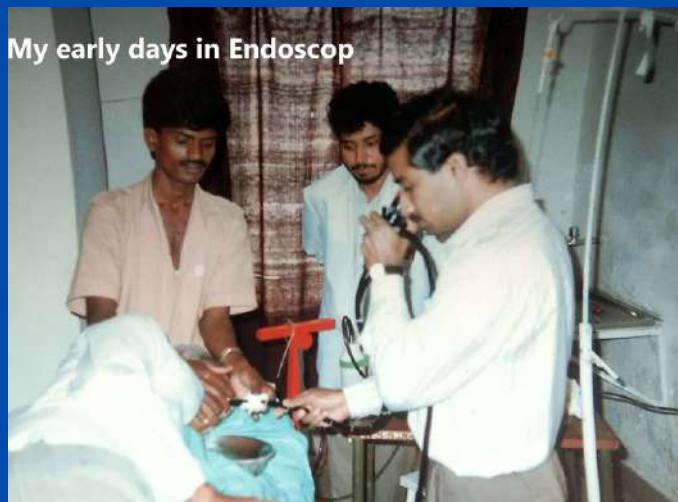
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Dr G Siddesh Vice President ASI

EDUCATION:

- I - IVStd - Govt.Primary School, Lakshmipuram
- V-XStd - Marimallappa High school
- PUC - Sarada Vilas College
- MBBS- Mysore Mysoremedical college 1975Batch (1975- 1981)
- MS(Gen. Surgery) - JJMMC (1982 to 1984)
- Advanced training in GI Surgery and Endoscopy - Srikanth clinic and Bombay Hospital, Mumbai (Feb to Dec 1985)



My early days in Endoscop



Hernia workshop by Dr Vgahary from Denmark



Mysore City Branch Inauguration 2001



Dr G Siddesh Vice President ASI

“C S” WISHES to
Karnataka’s Surgeon General
For Complete Success
As leader of the Country’s Surgical Body (the ASI).

Captain Siddesh,
May you bring Clarity and Simplicity,
With Cerebral Stimulating academic fare,
And Coordinated Supervision,
Of the Country’s Scalpel Fraternity.

Your Competent Stability will provide
Much needed Compassionate Strength
To all the Cutting and Sewing we do
And render to Community and Society
A Cordial and Safe surgical service.

We pray that your good Civic Sense,
Will Control and Solve
All the Concerns and Strictures
That are bound to Come up Spasmodically.

And your proven event Commanding Skills
Will bring ASICONS, Committed and Safe
With Content Stupendous academics.
While being Culturally Spectacular too.

Wishing you Constitutional Stability (health),
And Calm Sanity of mind,
To meet the Challenges and Sparks
Of the multi-Cultural Society that ASI is,
In your Term as the Chief Surgeon
Of the ASI of India.

CSR
On behalf of the KSCASI
20th Dec 2020.



With my Guru Dr V N Shrikhande



During awarding of 25years of long service
jewel at Freemasonry in Mysuru.



Receiving Award from Tamil Nadu CM



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Dr G Siddesh Vice President ASI

PERSONAL LIFE:

- As a boy scout, lead the then Mysore district contingent to President Scouts' Rally, receiving the award from the Sri. V.V.Giri, the President of India in 1972.
- Selected as one of only four to represent India in the international Children's camp at Artek, Crimea (then USSR).
- Was a keen mountaineer, having undergone basic mountaineering course during school and college days.
- Music lover, founder member of trust which is supporting music for over thirty years.
- Had a brief stint in learning Hindustani Tabala playing
- Have also taken up farming and planted hundreds of saplings.
- Involved in restoring a Sri Laxminarayana temple of Hoysal times, which was in dilapidated condition in the farmland.





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Dr G Siddesh Vice President ASI

FAMILY

- Wife - Dr. AnjaliSiddesh, former Professor of OBG has been supportive.
- Sons - Dr. Nitesh,Mch.(Urology) a Gold medalist, , married to the ever smiling Dr. Gouri, persuing her second year ObG at BMC.
- Dr. Ashwin,who is preparing for his P.G. entrance.





Dr G Siddesh Vice President ASI

EVENTS... I CAN'T FORGET

1. Academic:

Soon after M.S. left to then Bombay for further training, after a hard search for a suitable post, accidentally met, the famous Surgeon Dr. V.N. Shrikhande, who offered me a job. References did not get me a post, but an honest and simple personal approach worked.

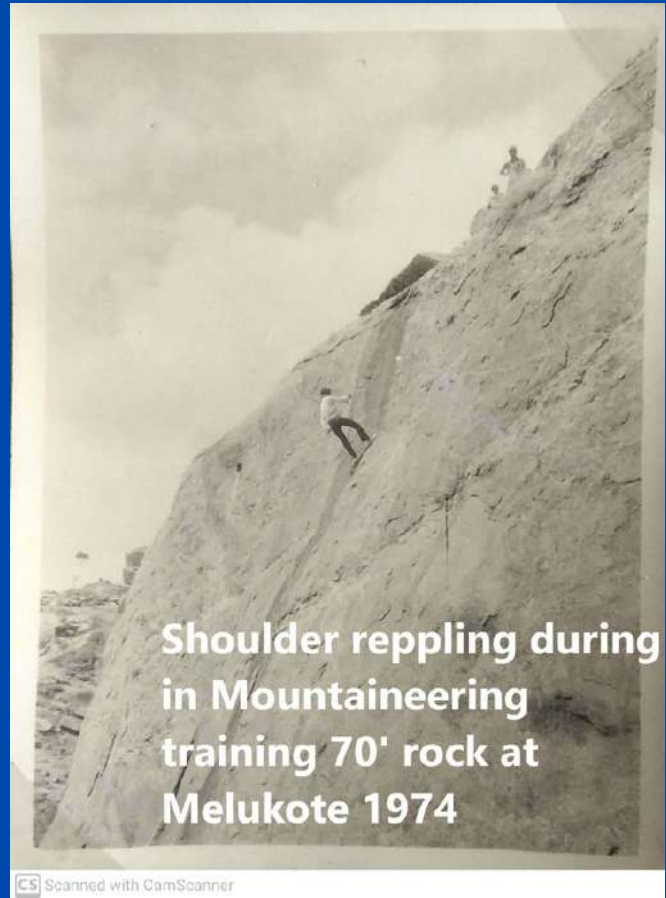
Dr. V.N. S. is my real Guru, the Mentor who taught me the way of life along with Surgery and Endoscopy. I had an opportunity to meet world greats, like Dr. Nib Soehendra and Dr. Ligory, world renowned Endoscopists and had an opportunity to learn from them.

This transformed my career and helped me to plan my future with confidence.

2. Personal:

At one stage in the middle of my career, during the worst of my times,

it was my wife who solidly stood with me and supported morally and financially, I could bounce back to normal state in a short time. This made me strong mentally to face any eventuality.



**Shoulder repping during
in Mountaineering
training 70' rock at
Melukote 1974**

CS Scanned with CamScanner

ADVICE TO YOUNGSTERS:

There is no shortcut to success. Success is something in everyone's reach. You only have to go for it. Hard work and sincerity are a must. But you need to be a bit humble,(not the Luck).

You are bound to face failures, but take a pause, learn from mistakes and keep going.

Never stop progressing. If you stop progressing, you are already going backwards.

Believe in God,

Respect Parents and Teachers,

Love your work and do your work with love.



As a Farmer



Announcements

Inviting Nomination for Dr M P Pai ration 2023

Kindly send filled in forms to Hon. secretary To,
Secretary, KSCASI

Dear Sir/ Madam,

I am a member of ASI and I would like to give the Oration / be the convener / be the Speaker myself, or nominate Dr
..... as Orator /

Moderator/ Speaker for the Oration/ Symposium / Endowment
lecture for the year

I am attaching a profile of mine, his / her CV for your consideration. The Proposed Orator / Moderator has not given an
Oration / Moderated a Symposium in the last three years.

Thanking You Yours Sincerely

(Signature of Proposer) (Signature of ASI member)

ASI No. ASI No.

Email id : Email id:

Mobile No. Mobile No.

***** PROPOSED ORATOR / MODERATOR/ SPEAKER

DETAILS:

ORATION / SYMPOSIUM / S.R. KAULGUD ENDOWMENT LECTURE

NameASI No.

PHONE No.....email id.....

Address.....

Signature.....

CV attached : Yes /No

Please note : Curriculum Vitae/ Biodata of Orator/ moderator / Convener/ Speaker to be attached with this form. Please visit
www.kscasi.com for more details.



ORBITUARY

Dr Ravindra Chimkode: Man Friday of 1998 Karnataka State Surgeons Conference

Left too early

Dr Ravindra Chimkode, Incharge HOD & Asso Professor of Surgery, Gulbarga Institute of Medical Sciences is said to have succumbed yesterday to complications of metastatic disease.

Dr Ravindra Chimkode, friendly and ever smiling, we were closely associated during the organisation of Karnataka State Surgeons Conference held in Gulbarga.

As Joint Organising Secretary, assigned to take care of the Scientific Programme, I would rely on Dr Ravindra Chimkode, then Surgery PG for the ground work. Hardworking and inclined, he would willingly undertake assignments.

Even after Post Graduation, working at Asian Institute of Gastroenterology, HYD and later as Medical College faculty, he was always courteseous and well behaved.

Blessed with organising skill and team working, they are assets for a practising Surgeon & Health Care Entrepreneurship. However, that path eluded him.

May Dr Ravindra Chimkode's Soul Rest in Peace ☸;

Om Shanti

- Dr Sharad Tanga

